

**ORGANIZATION AND TECHNICAL ANNOUNCEMENT**  
**TEAM MANUAL**

**Polish Athletic Association**

**International Match U23**



**CZECH REPUBLIC – HUNGARY – SLOVENIA – POLAND**



**July 8, 2018 in Cracow**  
**AWF Stadium**

<b>Host of the match</b>	City of Kraków
<b>Organizer</b>	Małopolski Związek Lekkiej Atletyki Polski Związek Lekkiej Atletyki
<b>Web site</b>	www.lekkoatletyka.net.pl
<b>Date of the event</b>	07.07-09.07.2018
<b>Place of the match</b>	Athletics stadium of Academy of Physical Education in Kraków adres: al. Jana Pawła II 78, 31-571 Kraków
<b>Person responsible (MZLA)</b>	Grzegorz Sobczyk tel.: 796-018-608 e-mail: grzegorz.sobczyk@pzla.pl
<b>Person responsible (MZLA) for contacting guest teams</b>	Jakub Sowiński tel.: 501-410-136 e-mail: kbasowinski@gmail.com
<b>Head referee</b>	Ewa Małczyk
<b>Technical delegate</b>	Janusz Krynicki
<b>Accreditation</b>	Wioleta Kawa tel.: 607-792-476 e-mail: kozla.pl@interia.pl
<b>Accreditation of teams</b>	07.07.2018 – starting 16.00 – Stand of Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków
<b>Accreditation of referees</b>	07.07.2018 – starting 16.00 – Stand of Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków
<b>Verification</b>	07.07.2018 – starting 16.00 – Stand of Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków
<b>Technical conference</b>	07.07.2018 – 20.30 – Academy of Physical Education, address: al. Jana Pawła II 78, 31-571 Kraków. "Docent" Restaurant– located near the 100 m start line
<b>Conference of the teams</b>	07.07.2018 – 21.15 Academy of Physical Education, address: al. Jana Pawła II 78, 31-571 Kraków building "Jordanówka" Hall H CZECH REPUBLIC Hall I HUNGARY Hall K SLOVENIA Hall L POLAND
<b>Referee conference</b>	08.07.2018 10.00 – field events 11.00 – track events Academy of Physical Education, address: al. Jana Pawła II 78, 31-571 Kraków Please gather by the gymnastics hall (the building close to the finish line by the stadium).
<b>Accommodation of the</b>	07.07.2018 – starting 14.00 – the Dormitory of Academy of Physical Education,

<b>participants</b>	address: al. Jana Pawła II 78, 31-571 Kraków 09.07.2018 – until 12.00
<b>Food distribution for participants</b>	Company "Docent Catering" – the lobby of the Sports Hall of Academy of Physical Education, <b>07 July (Saturday):</b> Dinner - 18:00-20:00 <b>08 July (Sunday):</b> Breakfast - 07:30-09:30 Lunch - 13:00-15:00 Dinner - 18:00-20:00 <b>09 July (Monday):</b> Breakfast - 08.00-09.00
<b>Accommodation of the referees</b>	07.07.2018 – starting 14.00 – the Dormitory of Academy of Physical Education, address: al. Jana Pawła II 78, 31-571 Kraków
<b>Food distribution for referees with accommodation</b>	Company "Docent Catering" – the lobby of the Sports Hall of Academy of Physical Education, <b>07 July (Saturday):</b> Dinner - 18:00-20:00 <b>08 July (Sunday):</b> Breakfast - 07:30-09:30 Lunch - 13:00-15:00 Dinner - 18:00-20:00
<b>Food distribution for referees from Kraków</b>	Company "Docent Catering" – the lobby of the Sports Hall of Academy of Physical Education, Lunch - 13:00-15:00
<b>Technical Director</b>	Tomasz Popłoński
<b>Competition's office</b>	Stand of Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków Małgorzata Mędrecka Tel.: 507-066-812 e-mail: kozla.pl@interia.pl <a href="http://www.lekkoatletyka.net.pl">http://www.lekkoatletyka.net.pl</a>
<b>Opening ceremony</b>	08.07.2018 – 13.15h (up to 15') – Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków
<b>Verification procedure</b>	Verification procedure: A. Sport: responsible team manager receives: - the technical/organizational announcement, - timetable of the match. The Final results will be available after the match on our website. B. Organizational

	<p>responsible team manager receives</p> <ul style="list-style-type: none"> <li>▪ appointment for accommodation.</li> <li>▪ ID for participants.</li> </ul>
<b>Practice session</b>	Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków will be available for participants on 7 <sup>th</sup> of July between 16.00 – 20.00
<b>Warm up area</b>	<p>There are following warm up areas located on Academy of Physical Education, al. Jana Pawła II 78, Kraków</p> <ul style="list-style-type: none"> <li>- side stadium with tartan track (120 m), with jump and throw pads.</li> <li>- athletics tunnel with tartan track (60m) with jump and high jump pad.</li> </ul> <p>The tunnel will be marked. We ask You to keep the safety rules on the warm up areas.</p>
<b>Equipment storage</b>	Warehouse by Athletics stadium of Academy of Physical Education.
<b>Weighting of the equipment</b>	Warehouse by Athletics stadium of Academy of Physical Education.
<b>Referee's gate – procedure for entering the stadium</b>	<p>To enter the stadium for participating in the event, Athletes must report to the referee's gate situated by the athletics tunnel. Time limit (for reporting to the gate):</p> <ul style="list-style-type: none"> <li>- track events 15 minutes before the start (entering the stadium 10 minutes before start).</li> <li>- Pole vault 60 minutes before start (entering the stadium 55 minutes before start)</li> <li>- hammer throw 40 minutes before start (entering the stadium 35 minutes before start)</li> <li>- remaining field events and the hurdle race 25 minutes before start (entering the stadium 20 minutes before start)</li> </ul> <p>Attention: Athletes who will not report to the gate will not be allowed to participate. Athletes who will not have two proper starting numbers given out by the organizer (high jump and pole vault – one number) will not be allowed to participate.</p>
<b>The method of set out the competition / track number</b>	<p><b>Seeding for the track events will be done according to the following rule:</b></p> <p>Drawing of the track 3 – 6 for athletes with the <i>first result</i> from the particular teams (track 4 – 5 for the first and second result and 3 and 6 for the third and fourth result)</p> <p>Drawing of the track 1 – 2 and 7-8 for athletes with the <i>second</i> result from the particular teams (track 2– 7 for the first and second result and 1 and 8 for the third and fourth result)</p> <p><i>Attention:</i></p> <p>Athlete who will not report for the start or will not finish, will not obtain points.</p> <p>When a disqualification for unsportsmanlike conduct occurs, the athlete loses right to the points.</p>
<b>Height's</b>	<p><b>Women U23:</b></p> <p>HJ – 145-150-155-160-165-170-175-177-179-182-184 + 2 cm</p> <p>PV – 220-240-260-280-300-310-320-330-340-350-360-370-380-390 + 5 cm</p>

	<p><b>Men U23:</b>  HJ – 180-185-190-193-196-199-202-205-208 + 2 cm  PV – 360-380-400-420-430-440-450-460-470-480-490-500-510 + 5 cm</p>
<b>Verification and deletion of the competitors</b>	<p>The verification of the submitted athletes will be carry out by the PZLA technical delegate in the competition's office (room nr 016) on Athletics stadium of Academy of Physical Education , al. Jana Pawła II 78, Kraków on 7<sup>th</sup> of July 2018.</p> <p>In case of the injury the deletion could be reported to the delegate the latest one hour before the planned event starts. <b>The Athletes who will not be deleted as stated above according to art 142 paragraph 4 of the "Athletics Rules", will not be allowed to the next event (including the relays).</b></p>
<b>Submitting/ consideration of protests</b>	<ul style="list-style-type: none"> <li>▪ in track events an oral protest is reported to the Starter regarding his decision of making an false start by an Athlete, who according to the art 146. Paragraph 4 is obligated to consider the protest jointly with the Starting referee. They may take a decision to conditionally allow the Athlete to start, and after the end of the race reconsider all the circumstances regarding the Starter's decision and take the final decision.</li> <li>▪ In field events an oral protest is immediately reported to the Main Referee right after his decision of recognizing the attempt as invalid, who according to the art 146 paragraph 5 is obligated to consider it jointly with the event referee. The Referee according to his own recognition, may order to take the measurement and note the result, which may be essential after the acceptance of the protest.</li> <li>▪ Within 30 minutes after the official decision of the referee (Start, track or Field Events) it is possible to submit an written protest to Appeals Committee. The protest is signed by the official Athlete's representative. There is a 300 PLN deposit for written protest. In case of not recognizing the protest the deposit will not be returned.</li> </ul>
<b>Decoration</b>	We invite to the decoration the team's representative.
<b>Award</b>	Cup Trophy for the team's ranking.
<b>Medical service</b>	During the match there will be a medical point (including physician)
<b>Parking</b>	<p>There will be a parking space available for the team's buses on the premises of Academy of Physical Education, entrance from (Nowohucka street)</p> <p>There will be a parking space available for cars on the premises of Academy of Physical Education, entrance from (Jana Pawła II street)</p>

# Akademia Wychowania Fizycznego im. Bronisława Czecha w Krakowie, 31-571 Kraków, Al. Jana Pawła II 78

The screenshot shows a Google Maps interface with the following elements:

- Browser Address Bar:** <https://www.google.pl/maps/place/Akademia+Wychowania+Fizycznego+im.+Bronisława+Czecha+w+Krakowie/@50.0569111,19.5711111,15z>
- Search Bar:** "stadion awf aleja jana pawła ii 78"
- Map:** A map of Kraków, Poland, with a red pin marking the location of "Akademia Wychowania Fizycznego im. Bronisława Czecha" and "Stadion AWF". The map shows surrounding areas like Bronowice, Dębniki, and Podgórze.
- Information Panel (Left Side):**
  - Title:** "stadion awf aleja jana pawła ii 78"
  - Image:** A small photo of the stadium.
  - Description:** "Akademia Wychowania Fizycznego im. Bronisława Czecha w Krakowie"
  - Rating:** 4.7 stars (38 reviews)
  - Address:** al. Jana Pawła II 78, 31-571 Kraków
  - Phone:** 12 683 10 00
  - Website:** awf.krakow.pl
  - Actions:** ZAPISZ, WPOBLIŻU, WYŚLIJ NA TELEFON, UDOSTĘPNIJ
  - Summary:** "Odwiedzane 4 miesiące temu"
  - Photos:** "Zdjęcia: 39"
  - Rating Chart:** A bar chart showing the distribution of ratings, with a large "4,7" displayed.
- Map Controls:** Zoom in (+), zoom out (-), and a street view pegman icon.
- Bottom Bar:** Windows taskbar showing the date "2018-06-21" and time "18:01".



stadion awf aleja jana pawla ii 78

Powrót do wyników



**Akademia Wychowania Fizycznego im. Bronisława Czecha w Krakowie** Wyznacz trasę w Krakowie

4,7 ★★★★★ · Opinie: 38

Uczelnia

ZAPISZ W POBLIŻU WYŚLIJ NA TELEFON UDOSTĘPNIJ

Odwiedzono 4 miesiące temu

al. Jana Pawła II 78, 31-571 Kraków

awf.krakow.pl

12 683 10 00

Dodaj etykietę

ZAPROPONUJ ZMIANĘ



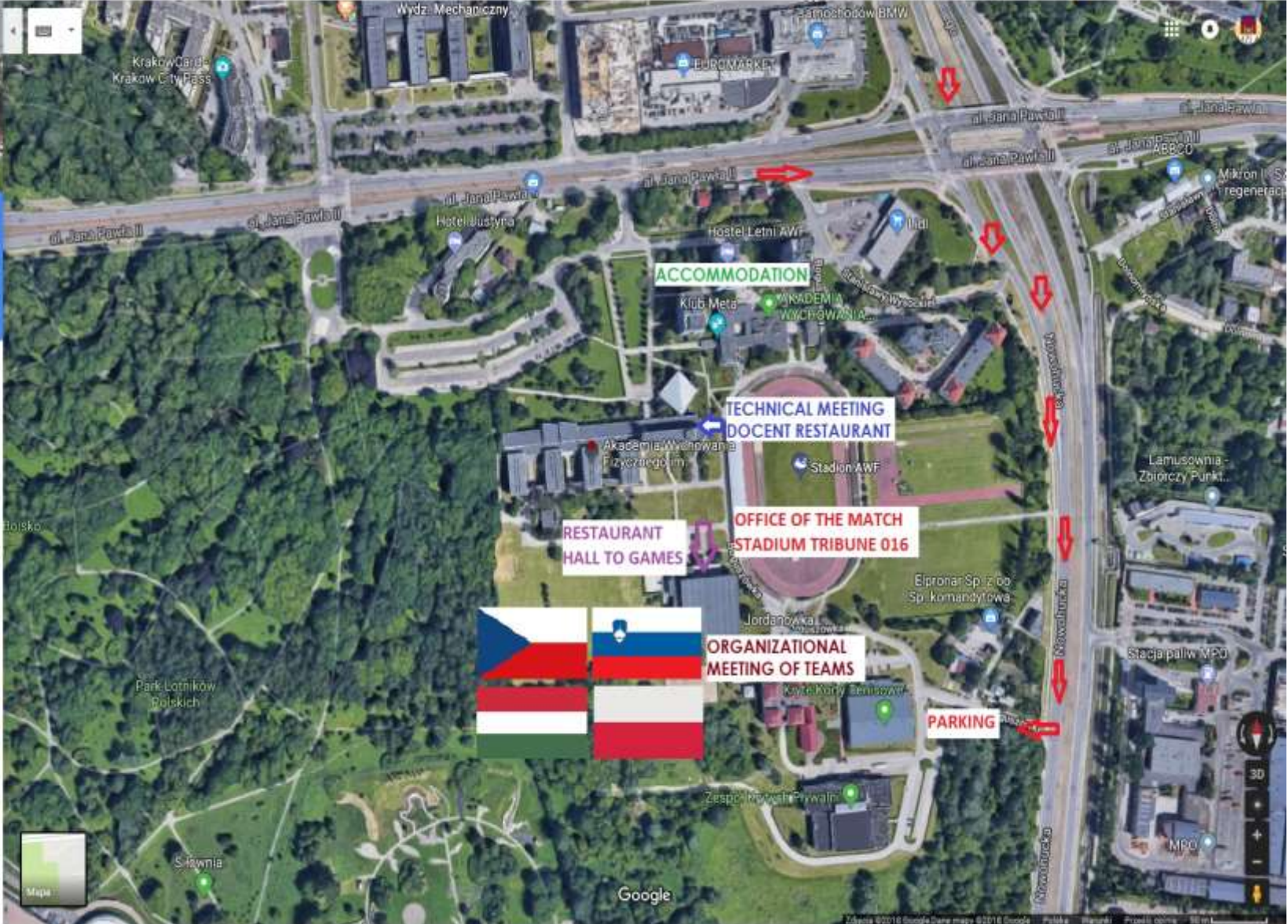
Zdjęcia: 39+

Dodaj zdjęcie

Podsumowanie opinii




4,7





stadion awf aleja jana pawla ii 78

Powrót do wyników



**Akademia Wychowania Fizycznego im. Bronisława Czecha** Wyznacz trasę w Krakowie

4,7 ★★★★★ · Opinie 38

Urządzenia

ZAPISZ W POBLIŻU WYŚLIJ NA TELEFON UDOŚTĘPNIJ

Odwiedzono 4 miesiące temu



al. Jana Pawła II 78, 31-571 Kraków

awf.krakow.pl

12 683 10 00

Dodaj etykietę


ZAPROPONUJ ZMIANĘ



Zdjęcia: 39+

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Podsumowanie opinii



4,7

