

Komunikat końcowy

| | Miejs | Nazwisko | Imię | Data urodzenia | Klub/Miejscowość | Kraj | Wynik | Wynik se | Punkty | Rekordy |
|-----------------|-----------|--------------------|------------|----------------|----------------------|------|-------|----------|--------|---------|
| 60m ppł. | | | | | | | | | | |
| [K35] | 84,00 cm | | | | | | | | | |
| | 1 | Sękowska | Katarzyna | 1982-03-27 | Lider Grodzisk. Maz. | POL | 12,77 | 12,13 | 473 | |
| [K40] | 76,20 cm | | | | | | | | | |
| | - | Szczepanska | Magdalena | 1980-01-25 | Gdansk | POL | DNS | DNS | 0 | |
| [K45] | 76,20 cm | | | | | | | | | |
| | 1 | Szykulska | Renata | 1974-08-17 | LKS Polkowice | POL | 9,66 | 8,53 | 1077 | RHMP |
| | - | Berankova | Martina | 1971-03-29 | SK Kotlarka | CZE | DNS | DNS | 0 | |
| [K50] | 76,20 cm | | | | | | | | | |
| | 1 | Bogucka | Bożena | 1970-11-25 | Wrocław | POL | 10,59 | 8,79 | 1025 | RHMP |
| | 2 | Milińska-Tymendorf | Anna | 1970-02-28 | Masters La SGH | POL | 11,46 | 9,51 | 888 | |
| [K55] | 76,20 cm | | | | | | | | | |
| | 1 | Kieling | Anna | 1962-04-07 | Barwice | POL | 11,53 | 8,94 | 996 | RHMP |
| [K60] | 68,60 cm | | | | | | | | | |
| | 1 | Molska | Urszula | 1959-03-09 | Rybnik | POL | 14,4 | 10,36 | 739 | RHMP |
| [K70] | 68,60 cm | | | | | | | | | |
| | - | Hemmer | Claude | 1949-05-01 | Roussy | FRA | DNS | DNS | 0 | |
| [M35] | 100,00 cm | | | | | | | | | |
| | 1 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 11,49 | 11,19 | 366 | |
| | 2 | Gawęcki | Maciej | 1985-08-08 | Bo nie wypada Wroc | POL | 20,63 | 20,09 | 0 | |
| [M40] | 100,00 cm | | | | | | | | | |
| | 1 | Romanowski | Łukasz | 1981-02-03 | WKS Wawel | POL | 9,73 | 9,07 | 791 | |
| | 2 | Kinal | Grzegorz | 1981-01-06 | Wrocław | POL | 10,04 | 9,36 | 724 | |
| [M45] | 100,00 cm | | | | | | | | | |
| | 1 | Trębski | Krzysztof | 1975-09-13 | Okonek | POL | 12,59 | 11,22 | 361 | |
| | 2 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 13,33 | 11,88 | 262 | |
| [M50] | 91,40 cm | | | | | | | | | |
| | 1 | Zawada | Sławomir | 1968-02-18 | Dobre Miasto | POL | 9,7 | 8,52 | 928 | |
| | 2 | Kreihls | Witold | 1970-05-03 | Tychy | POL | 11,47 | 10,08 | 568 | |
| | 3 | Jurek | Paweł | 1966-06-05 | Warszawa | POL | 11,78 | 10,35 | 515 | |
| | 4 | Olszewski | Marek | 1969-03-22 | Lidzbark Warmiński | POL | 18,6 | 16,34 | 0 | |
| | - | Gronkiewicz | Marek | 1967-07-20 | Lider Grodzisk. Maz. | POL | DNS | DNS | 0 | |
| [M55] | 91,40 cm | | | | | | | | | |
| | 1 | Krauze | Jerzy | 1963-07-14 | Koszalin | POL | 10,48 | 8,74 | 872 | |
| | 2 | Zajchowski | Marek | 1963-03-02 | ULKS Technik Trzcini | POL | 11,78 | 9,82 | 622 | |
| | 3 | Płoskoński | Piotr | 1965-03-20 | Strzałków | POL | 15,59 | 12,99 | 132 | |
| | - | Fiuk | Mirosław | 1964-09-10 | Działdowo | POL | DNS | DNS | 0 | |
| [M60] | 84,00 cm | | | | | | | | | |
| | 1 | Musiak | Wiesław | 1957-10-20 | Śrem | POL | 9,42 | 7,75 | 1138 | HRP |
| | 2 | Sut | Andrzej | 1957-09-25 | Łódź | POL | 10,32 | 8,49 | 936 | |
| | 3 | Stecula | Leszek | 1961-03-11 | Bytom | POL | 11,28 | 9,27 | 744 | |
| | 4 | Bejster | Przemysław | 1958-06-21 | MKL | POL | 13,12 | 10,79 | 434 | |
| | - | Miłek | Czesław | 1959-06-30 | Solec Kujawski | POL | DNS | DNS | 0 | |
| [M65] | 84,00 cm | | | | | | | | | |
| | 1 | Grzyb | Marek | 1955-03-27 | W-MKLA Masters Ol | POL | 10,66 | 8,22 | 1007 | |
| | 2 | Szysler | Andrzej | 1955-10-09 | Susz | POL | 12,62 | 9,73 | 642 | |
| | 3 | Suski | Jan | 1953-08-27 | Koszalin | POL | 14,03 | 10,82 | 428 | |
| [M70] | 76,20 cm | | | | | | | | | |
| | 1 | Mielcarek | Marek | 1948-12-27 | Bydgoszcz | POL | 10,18 | 7,63 | 1173 | HRP |
| | 2 | Kuschill | Juliusz | 1950-05-22 | Kraków | POL | 10,3 | 7,72 | 1147 | |

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|-------|----------|-------------------|------------|------------|----------------------|-----|-------|-------|------|
| | 3 | Lorenz | Sylwester | 1950-12-11 | AZS Poznań | POL | 11,25 | 8,43 | 952 |
| [M75] | 76,20 cm | | | | | | | | |
| | 1 | Włodarczyk | Zdzisław | 1941-04-16 | Suchedniów | POL | 14,29 | 9,83 | 620 |
| | 2 | Okoński | Czesław | 1941-07-08 | Gliwice | POL | 15,36 | 10,57 | 474 |
| | 3 | Burdzy | Mieczysław | 1946-02-01 | Stargard | POL | 16,17 | 11,13 | 376 |
| | 60m | | | | | | | | |
| [K30] | | | | | | | | | |
| | 1 | Piechuta | Aleksandra | 1989-09-28 | KS Sprinterzy.com Kl | POL | 8,58 | 8,58 | 810 |
| | - | Ilczuk | Weronika | 1986-03-27 | KS Sprinterzy.com | POL | DNS | DNS | 0 |
| [K35] | | | | | | | | | |
| | 1 | Świtaj | Aneta | 1983-02-25 | Częstochowa | POL | 9,6 | 9,43 | 621 |
| | 2 | Adamczewska | Magdalena | 1982-10-24 | biegidkadzieci.pl | POL | 10,28 | 10,1 | 489 |
| | - | Podolchuk | Natalija | 1982-07-04 | Berdichev | BLR | DNS | DNS | 0 |
| [K40] | | | | | | | | | |
| | 1 | Grot | Aneta | 1979-09-22 | RKS Łódź | POL | 8 | 7,57 | 1068 |
| | 2 | Kujawska | Monika | 1978-08-05 | Puck | POL | 8,6 | 8,13 | 921 |
| | 3 | Olczyk | Agnieszka | 1979-04-08 | Bełchatów | POL | 8,8 | 8,32 | 873 |
| | 4 | Kalista-Łebek | Beata | 1980-08-09 | UKS OTRĘBUSY | POL | 9,01 | 8,52 | 825 |
| | 5 | Malak | Hanna | 1979-07-18 | Więcbork | POL | 9,32 | 8,82 | 754 |
| | 6 | Domagała | Joanna | 1978-03-19 | UKS MTE Milanówek | POL | 9,84 | 9,31 | 646 |
| | 7 | Dziedzińska | Dominika | 1979-04-20 | UKS OTRĘBUSY | POL | 11,53 | 10,91 | 351 |
| | - | Mielczarek | Alicja | 1978-01-27 | Nidzica | POL | DNS | DNS | 0 |
| [K45] | | | | | | | | | |
| | 1 | Krysztosiak | Katarzyna | 1973-09-08 | AZS Warszawa | POL | 8,49 | 7,73 | 1025 |
| | 2 | Adryjańczyk | Małgorzata | 1974-02-12 | Toruń | POL | 9,2 | 8,38 | 858 |
| | 3 | Grabowska | Joanna | 1975-04-15 | Toruń | POL | 9,71 | 8,84 | 750 |
| | - | Berankova | Martina | 1971-03-29 | SK Kotlarka | CZE | DNS | DNS | 0 |
| | - | Zboińska | Agnieszka | 1972-06-24 | Koszalin | POL | DNF | DNF | 0 |
| [K50] | | | | | | | | | |
| | 1 | Jabłkowska | Monika | 1969-12-02 | Masters La SGH | POL | 9,15 | 8,02 | 949 |
| | 2 | Górna | Katarzyna | 1971-01-19 | UKS OTRĘBUSY | POL | 11,01 | 9,65 | 576 |
| | 3 | Lemiasheuskaya | Iryna | 1967-10-02 | Pinsk | BLR | 12,73 | 11,16 | 313 |
| | - | Skrzyńska | Ewa | 1968-10-12 | W-MKLA Masters Ol | POL | DNS | DNS | 0 |
| [K55] | | | | | | | | | |
| | 1 | Kieling | Anna | 1962-04-07 | Barwice | POL | 9,64 | 8,13 | 921 |
| | 2 | Opak | Beata | 1965-06-28 | W-MKLA Masters Ol | POL | 9,84 | 8,3 | 878 |
| | 3 | Jędrzejczyk-Góral | Beata | 1964-06-17 | Wrocław | POL | 12,14 | 10,24 | 464 |
| [K60] | | | | | | | | | |
| | 1 | Ossowska | Ewa | 1957-03-29 | KS Sokół Zblewo | POL | 10,61 | 8,6 | 805 |
| | 2 | Molska | Urszula | 1959-03-09 | Rybnik | POL | 11,7 | 9,48 | 610 |
| | - | Brysiak | Joanna | 1959-03-31 | Warszawa | POL | DNS | DNS | 0 |
| [K65] | | | | | | | | | |
| | 1 | Bartosik | Ewa | 1951-03-15 | Ostrołęka | POL | 9,66 | 7,49 | 1090 |
| | 2 | Podsiadło | Aleksandra | 1953-11-01 | Rogierówko | POL | 10,28 | 7,97 | 962 |
| [K80] | | | | | | | | | |
| | 1 | Rosińska | Janina | 1936-04-30 | Pabianice | POL | 13,86 | 8,94 | 727 |
| [pk] | | | | | | | | | |
| | 1 | Truszczyńska | Julia | 1998-05-26 | Zespół Prasowy PZL/ | POL | 10,81 | 10,81 | 367 |
| [M35] | | | | | | | | | |
| | 1 | Tęcza | Damian | 1985-04-24 | Szubin | POL | 7,35 | 7,26 | 835 |
| | 2 | Kucharski | Piotr | 1982-06-12 | Rawa Mazowiecka | POL | 7,43 | 7,33 | 804 |
| | 3 | Znyk | Stanisław | 1984-10-11 | UKS GOK Zduny | POL | 7,44 | 7,34 | 800 |
| | 4 | Ważny | Krzysztof | 1985-05-23 | AZS AWF Warszawa | POL | 7,59 | 7,49 | 736 |
| | 5 | Pawłowski | Łukasz | 1982-03-13 | KS.Sprinterzy.com Kl | POL | 7,61 | 7,51 | 727 |

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|-------|----------------|-------------|------------|----------------------|-----|-------|------|-----|
| 6 | Rokicki | Łukasz | 1983-06-23 | Białogard | POL | 7,69 | 7,59 | 694 |
| 7 | Głuszyński | Paweł | 1983-01-23 | KS.Sprinterzy.com Ki | POL | 7,72 | 7,62 | 682 |
| 8 | Jaszczur | Michał | 1981-09-26 | Płońsk | POL | 8,27 | 8,16 | 482 |
| 9 | Kmieciak | Robert | 1981-11-04 | TS Opatrunki Toruń | POL | 8,27 | 8,16 | 482 |
| 10 | Cuber | Wojciech | 1982-05-12 | Złotów | POL | 8,75 | 8,64 | 332 |
| - | Cholewiński | Artur | 1985-01-18 | AML Słupsk | POL | DNS | DNS | 0 |
| - | Ilczuk | Mariusz | 1983-03-14 | Warszawa | POL | DNS | DNS | 0 |
| - | Jagięto | Michał | 1986-02-13 | Lkb Rudnik | POL | DNS | DNS | 0 |
| - | Korpal | Łukasz | 1984-02-20 | Biegoholicy Toruń | POL | DNS | DNS | 0 |
| - | Kossowski | Daniel | 1981-12-10 | Radom | POL | DNS | DNS | 0 |
| - | Sysik | Tomasz | 1983-12-02 | Siedlce | POL | DNS | DNS | 0 |
| - | Wierzbicki | Jacek | 1983-01-11 | Bytom | POL | DNS | DNS | 0 |
| [M40] | | | | | | | | |
| 1 | Marcinkowski | Marcin | 1981-02-16 | AZS Poznań | POL | 7,35 | 7,02 | 946 |
| 2 | Olszewski | Adrian | 1978-07-28 | MKS Piast Głogów | POL | 7,36 | 7,03 | 941 |
| 3 | Koszela | Maciej | 1978-01-14 | NOWA SÓL | POL | 7,51 | 7,17 | 876 |
| 4 | Ściubeł | Marcin | 1976-03-16 | RKS Łódź | POL | 7,73 | 7,38 | 783 |
| 5 | Grzybowski | Przemysław | 1978-03-05 | Ksawerów | POL | 7,74 | 7,39 | 778 |
| 6 | Gębski | Mariusz | 1978-05-05 | Lidzbark Warmiński | POL | 7,76 | 7,41 | 770 |
| 7 | Dimitrios | Apostolidis | 1978-02-11 | Sevas Naoussas | GRC | 7,87 | 7,52 | 723 |
| 8 | Kotłowski | Marcin | 1979-08-11 | NIEZRZESZONY | POL | 7,88 | 7,53 | 719 |
| 9 | Danhofer | Krzysztof | 1981-01-25 | Sprinterzy.com | POL | 7,99 | 7,63 | 678 |
| 10 | Siejka | Mariusz | 1977-03-23 | Kondycja Piaseczno | POL | 8,24 | 7,87 | 585 |
| 11 | Żmijewski | Paweł | 1976-08-31 | Schulo Team | POL | 8,79 | 8,39 | 407 |
| - | Krukowski | Maciej | 1976-03-23 | GLKS Dobrcz | POL | DNS | DNS | 0 |
| [M45] | | | | | | | | |
| 1 | Sierant | Oskar | 1975-08-16 | UKS Czapla | POL | 7,74 | 7,15 | 885 |
| 2 | Szczodrzyński | Piotr | 1974-04-13 | Poznań | POL | 7,84 | 7,24 | 844 |
| 3 | Tsiolis | Konstantino | 1972-05-17 | Asedas | GRC | 7,89 | 7,29 | 822 |
| 4 | Szewera | Paweł | 1973-01-25 | Mirków | POL | 7,91 | 7,31 | 813 |
| 5 | Pęczek | Adam | 1972-01-14 | RKS Łódź | POL | 7,92 | 7,32 | 809 |
| 6 | Kłodowski | Jacek | 1975-08-21 | AZS AWF Warszawa | POL | 8,12 | 7,5 | 732 |
| 7 | Wojciechowski | Przemysław | 1972-08-27 | Przeclaw | POL | 8,19 | 7,57 | 703 |
| 8 | Górny | Jacek | 1971-07-03 | UKS OTRĘBUSY | POL | 8,3 | 7,67 | 662 |
| 9 | Wisłowski | Robertt | 1974-01-08 | Wrocław | POL | 8,65 | 7,99 | 541 |
| 10 | Góra | Sylwester | 1974-09-08 | Okonek | POL | 10,26 | 9,48 | 138 |
| - | Narloch | Adam | 1971-12-24 | Łąg | POL | DNS | DNS | 0 |
| - | Zatorski | Kazimierz | 1972-04-26 | Warka | POL | DNS | DNS | 0 |
| [M50] | | | | | | | | |
| 1 | Skrzyński | Piotr | 1967-10-08 | W-MKLA Masters Ol | POL | 7,78 | 6,95 | 980 |
| 2 | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 8,12 | 7,26 | 835 |
| 3 | Widział | Marek | 1968-01-26 | Nowy Sącz | POL | 8,15 | 7,28 | 826 |
| 4 | Ditrich | Jacek | 1966-10-28 | Szubin | POL | 8,8 | 7,87 | 585 |
| 5 | Wieczorek | Konstanty | 1969-09-17 | Białobrzegi | POL | 8,89 | 7,95 | 555 |
| 6 | Asayonak | Ihar | 1966-11-19 | Gdansk | POL | 9,06 | 8,1 | 502 |
| 7 | Szczepuchowski | Bogdan | 1966-04-04 | SHULO TEAM | POL | 9,09 | 8,12 | 495 |
| 8 | Trzop | Grzegorz | 1968-03-01 | bez klubu | POL | 9,94 | 8,88 | 268 |
| - | Żak | Waldemar | 1969-04-23 | Głogów | POL | DNS | DNS | 0 |
| [M55] | | | | | | | | |
| 1 | Zhumadilov | Valery | 1961-08-21 | Abaj | KAZ | 8,05 | 6,96 | 975 |
| 2 | Krauze | Jerzy | 1963-07-14 | Koszalin | POL | 8,33 | 7,2 | 862 |
| 3 | Foryś | Włodzimierz | 1962-04-18 | ULKS Technik Trzcini | POL | 8,71 | 7,53 | 719 |
| 4 | Góral | Krzysztof | 1962-03-08 | Wrocław | POL | 9,65 | 8,34 | 422 |
| - | Krakowiak | Dariusz | 1963-01-31 | Sępólno Krajeńskie | POL | DNS | DNS | 0 |

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|-------|---|--------------|------------|------------|---------------------|-----|----------|----------|------|
| | - | Opajdowski | Dariusz | 1962-02-04 | Gromadka | POL | DNS | DNS | 0 |
| [M60] | 1 | Kubiczek | Piotr | 1957-01-16 | Kozy | POL | 8,29 | 6,93 | 989 |
| | 2 | Pietrzak | Waldemar | 1959-08-24 | Miłonice | POL | 8,32 | 6,96 | 975 |
| | 3 | Orłowski | Waldemar | 1957-06-19 | Bielsko-Biała | POL | 8,33 | 6,96 | 975 |
| | 4 | Zduniak | Krzysztof | 1957-08-12 | Łódź | POL | 8,81 | 7,37 | 787 |
| | 5 | Bejster | Przemysław | 1958-06-21 | MKL | POL | 9,32 | 7,79 | 615 |
| | 6 | Sadkowski | Kazimierz | 1960-03-19 | KKB Starogard Gdań. | POL | 10,78 | 9,01 | 236 |
| | - | Nowicki | Przemysław | 1958-03-22 | Poznań | POL | DNS | DNS | 0 |
| [M65] | 1 | Grzyb | Marek | 1955-03-27 | W-MKLA Masters Ol | POL | 8,61 | 6,93 | 989 |
| | 2 | Apostoł | Marian | 1952-09-28 | Kraków Tyniec | POL | 8,83 | 7,11 | 904 |
| | 3 | Dobrzyński | Marek | 1951-05-12 | Gliwice | POL | 8,92 | 7,18 | 872 |
| | 4 | Wiącek | Stanisław | 1955-05-13 | Ustronie Morskie | POL | 9,11 | 7,33 | 804 |
| | 5 | Kostrza | Zbigniew | 1955-01-01 | Wejherowo | POL | 9,28 | 7,47 | 744 |
| | 6 | Volkotrub | Oleksandr | 1953-01-20 | Lwów | UKR | 9,5 | 7,64 | 674 |
| | 7 | Olszowy | Andrzej | 1952-12-13 | Sopot | POL | 10,14 | 8,16 | 482 |
| | - | Muszyński | Andrzej | 1951-04-09 | Ostrów Wlkp. | POL | DNS | DNS | 0 |
| [M70] | 1 | Kuschill | Juliusz | 1950-05-22 | Kraków | POL | 8,8 | 6,77 | 1069 |
| | 2 | Mielcarek | Marek | 1948-12-27 | Bydgoszcz | POL | 8,88 | 6,83 | 1039 |
| | 3 | Lorenz | Sylwester | 1950-12-11 | AZS Poznań | POL | 9,27 | 7,13 | 895 |
| | 4 | Podsiadło | Zdzisław | 1947-10-17 | Rogierówko | POL | 9,34 | 7,19 | 867 |
| | 5 | Madej | Stefan | 1949-01-02 | Sosnowiec | POL | 10,05 | 7,73 | 639 |
| | 6 | Kwoczała | Zygmunt | 1949-12-19 | Szańsza | POL | 10,17 | 7,83 | 600 |
| | 7 | Gąsior | Wiesław | 1950-11-30 | CSiRSusz, Rozbiegan | POL | 10,23 | 7,87 | 585 |
| | 8 | Repczyński | Aleksander | 1947-08-24 | Swarzędz | POL | 10,25 | 7,89 | 578 |
| | - | Zrobczyński | Grzegorz | 1950-01-22 | Rudnica | POL | DNS | DNS | 0 |
| [M75] | 1 | Riss | Mieczysław | 1946-01-25 | Gliwice | POL | 9,87 | 7,21 | 858 |
| | 2 | Kostro | Włodzimirz | 1943-04-24 | Gdynia | POL | 10,33 | 7,55 | 711 |
| | 3 | Greniuch | Zbigniew | 1946-01-01 | Kozłów | POL | 11,02 | 8,05 | 520 |
| | 4 | Kopta | Jerzy | 1945-11-18 | niestowarzyszony | POL | 12,07 | 8,82 | 284 |
| | 5 | Broc | Jerzy | 1942-12-27 | Suwałki | POL | 12,29 | 8,98 | 243 |
| | - | Nowacki | Czesław | 1943-01-26 | Toruń | POL | DNS | DNS | 0 |
| | - | Tobias | Hubert | 1943-01-17 | SKWLA | POL | DNS | DNS | 0 |
| [M80] | 1 | Frąckowiak | Jan | 1939-06-21 | Bydgoszcz | POL | 11,26 | 7,74 | 635 |
| | 2 | Osóbka | Tomasz | 1937-08-21 | Toruń | POL | 11,96 | 8,22 | 461 |
| | 3 | Korolko | Edward | 1940-10-13 | Toruń | POL | 12,04 | 8,27 | 445 |
| [pk] | 1 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 7,58 | 7,58 | 698 |
| | 2 | Myrta | Szymon | 1988-05-15 | Sprinterzy.com | POL | 7,59 | 7,59 | 694 |
| | 3 | Okoń | Aleksander | 1993-06-22 | Głos Świdnika | POL | 7,65 | 7,65 | 670 |
| | 4 | Chyła | Mateusz | 1987-07-08 | Gdańsk | POL | 7,73 | 7,73 | 639 |
| | 5 | Koczkodaj | Wojciech | 1998-08-29 | Sprinterzy.com | POL | 7,83 | 7,83 | 600 |
| 3000m | | | | | | | | | |
| [K30] | 1 | Grzonka | Kamila | 1986-12-10 | KS Sokół Zblewo | POL | 11:26.93 | 11:26.93 | 694 |
| [K35] | 1 | Gołek | Diana | 1983-08-07 | WKB META LUBLINII | POL | 11:16.59 | 11:07.25 | 748 |
| | 2 | Hańczkiewicz | Sylwia | 1982-11-22 | Bełchatów | POL | 11:16.83 | 11:07.49 | 747 |
| | 3 | Stolorz | Katarzyna | 1985-04-28 | TL ROW Rybnik | POL | 11:17.74 | 11:08.39 | 745 |
| | 4 | Nowak | Monika | 1981-11-02 | Częstochowa | POL | 11:34.74 | 11:25.15 | 698 |

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|-------|---|------------------|------------|------------|-----------------------|-----|----------|----------|-----|------|
| | 5 | Ławniczak | Justyna | 1982-12-01 | Zakrzewo | POL | 12:19.45 | 12:09.25 | 584 | |
| | 6 | Skalska | Anna | 1981-07-07 | KS Sokół Zblewo | POL | 14:13.99 | 14:02.20 | 337 | |
| | 7 | Jurkiewicz | Aldona | 1982-10-18 | CSiRSusz,Rozbiegany | POL | 14:43.93 | 14:31.73 | 284 | |
| | - | Arseniuk | Anna | 1981-07-05 | Górsk | POL | DNS | DNS | 0 | |
| | - | Kajak | Agnieszka | 1982-10-21 | Rozbiegani Żychlin | POL | DNS | DNS | 0 | |
| | - | Kęпка | Magdalena | 1982-06-28 | Pruszcz Biega | POL | DNS | DNS | 0 | |
| [K40] | | | | | | | | | | |
| | 1 | Sudzińska | Mariola | 1976-07-12 | Olsztyn | POL | 10:28.86 | 09:55.78 | 962 | HRP |
| | 2 | Petka | Lucyna | 1976-04-15 | SKL FILIPPIDES | POL | 11:25.93 | 10:49.85 | 798 | |
| | 3 | Pawłowska | Dorota | 1980-03-13 | Zamek Kurzętnik | POL | 11:30.83 | 10:54.49 | 784 | |
| | 4 | Lulis | Anna | 1980-01-27 | Akademia Biegania | POL | 11:56.81 | 11:19.11 | 715 | |
| | 5 | Kowalska | Agnieszka | 1980-07-20 | Schulo Team Działdc | POL | 12:07.39 | 11:29.13 | 688 | |
| | 6 | Kąś | Iwona | 1980-02-02 | Kraków | POL | 12:54.49 | 12:13.75 | 573 | |
| | 7 | Jachimowicz | Dorota | 1978-11-09 | Qźnia/BiegPodSokol | POL | 13:22.83 | 12:40.60 | 509 | |
| | 8 | Kaczmarczyk | Dorota | 1980-12-15 | AZS AWF KRAKÓW M | POL | 13:51.91 | 13:08.15 | 447 | |
| | 9 | Spręga | Aurelia | 1976-05-25 | Filippides | POL | 14:01.46 | 13:17.20 | 427 | |
| [K45] | | | | | | | | | | |
| | 1 | Brych-Pajak | Ewa | 1975-01-17 | JKLA Jawor | POL | 11:44.99 | 10:40.27 | 826 | |
| | 2 | Hass-Kalita | Joanna | 1975-04-17 | MKS Syrena | POL | 11:51.88 | 10:46.53 | 807 | |
| | 3 | Piechocka | Katarzyna | 1975-11-23 | OSTRÓDA | POL | 12:06.66 | 10:59.95 | 769 | |
| | 4 | Stępień-Wyrobiec | Olga | 1974-02-17 | JKLA Jawor | POL | 12:07.45 | 11:00.67 | 767 | |
| | 5 | Rynduch | Renata | 1974-09-16 | AZS AWF KRAKÓW M | POL | 14:02.36 | 12:45.03 | 498 | |
| | 6 | Grzywacz | Dorota | 1974-08-03 | Chojnice | POL | 14:19.53 | 13:00.63 | 463 | |
| | 7 | Tomaszek-Kosoń | Bernadeta | 1975-09-18 | AZS AWF KRAKÓW M | POL | 15:12.28 | 13:48.53 | 363 | |
| | - | Byczyńska | Barbara | 1975-03-09 | SKL FILIPPIDES | POL | DNS | DNS | 0 | |
| [K50] | | | | | | | | | | |
| | 1 | Falba | Wioletta | 1970-10-02 | Działdowo | POL | 11:49.14 | 10:15.75 | 900 | RHMP |
| | 2 | Andrzejewska | Joanna | 1970-06-11 | lubelskibiegacz.pl TE | POL | 11:54.03 | 10:19.99 | 887 | |
| | 3 | Manterys | Danuta | 1970-07-02 | AZS AWF KRAKÓW M | POL | 12:27.68 | 10:49.21 | 799 | |
| | 4 | Kraszewska | Renata | 1968-04-03 | AZS AWF KRAKÓW M | POL | 13:54.58 | 12:04.67 | 595 | |
| | 5 | Lulińska | Bożena | 1970-08-18 | CSiRSusz, Rozbiegan | POL | 14:48.72 | 12:51.68 | 483 | |
| | 6 | Klejna | Wiesława | 1967-09-19 | KS Sokół Zblewo | POL | 16:15.86 | 14:07.34 | 327 | |
| [K55] | | | | | | | | | | |
| | 1 | Dubiela | Halina | 1962-09-23 | TKKF KOLEJ./BIEG. T | POL | 12:52.52 | 10:39.11 | 829 | |
| | 2 | Pieczulis | Krystyna | 1962-11-12 | AZS UWM Olsztyn/V | POL | 13:18.95 | 11:00.97 | 766 | |
| | 3 | Szpernal | Beata | 1964-12-22 | Płock | POL | 15:58.27 | 13:12.78 | 437 | |
| | - | Jaskulska | Mirela | 1965-01-21 | KM Grudziądz | POL | DNS | DNS | 0 | |
| | - | Urbanik | Anna | 1963-07-26 | Pędzące Ślimaki | POL | DNS | DNS | 0 | |
| [K60] | | | | | | | | | | |
| | 1 | Ossowska | Ewa | 1957-03-29 | KS Sokół Zblewo | POL | 15:27.73 | 12:07.99 | 587 | |
| | 2 | Sadkowska | Krystyna | 1958-07-29 | Starogard Gdański | POL | 16:13.77 | 12:44.12 | 501 | |
| [K70] | | | | | | | | | | |
| | 1 | Kasierska | Ewa | 1948-11-25 | WKB META LUBLINII | POL | 0 | 0 | 0 | |
| [pk] | | | | | | | | | | |
| | 1 | Pawłowska | Kamila | 2000-07-18 | Zamek Kurzętnik | POL | 11:31.01 | 11:31.01 | 683 | |
| | 2 | Pasierbska | Ewa | 1995-04-02 | Gdańsk | POL | 13:16.65 | 13:16.65 | 429 | |
| [M35] | | | | | | | | | | |
| | 1 | Gromek | Radosław | 1983-11-03 | AZS AWF Warszawa | POL | 08:48.81 | 08:44.16 | 833 | |
| | 2 | Sobas | Jacek | 1985-06-11 | MKS Siechnice | POL | 09:01.01 | 08:56.25 | 771 | |
| | 3 | Tarasiuk | Paweł | 1984-04-30 | 31 BLT / PROJEKT KA | POL | 09:09.15 | 09:04.32 | 730 | |
| | 4 | Flaga | Przemysław | 1983-01-27 | URWIS BIEGA | POL | 09:15.50 | 09:10.61 | 700 | |
| | 5 | Kalinowski | Zbigniew | 1982-05-12 | JKLA Jawor | POL | 09:18.73 | 09:13.81 | 684 | |
| | 6 | Jagusiak | Maciej | 1981-12-15 | Łódź | POL | 09:23.50 | 09:18.54 | 662 | |
| | 7 | Pałka | Piotr | 1984-01-20 | CKS Budowlani Częst | POL | 09:23.62 | 09:18.66 | 661 | |

| | | | | | | | | |
|----|---------------|------------|------------|----------------------|-----|----------|----------|-----|
| 8 | Antczak | Robert | 1981-10-31 | MKS- Victoria Racibó | POL | 09:39.10 | 09:34.00 | 591 |
| 9 | Nowak | Marcin | 1982-10-28 | Stalowa Wola | POL | 09:40.88 | 09:35.77 | 583 |
| 10 | Brzozowski | Szymon | 1981-11-17 | www.biegowe.pl | POL | 09:46.12 | 09:40.96 | 560 |
| 11 | Filiciak | Michał | 1984-12-17 | AZS AWF KRAKÓW M | POL | 09:46.30 | 09:41.14 | 560 |
| 12 | Lichota | Wojciech | 1984-06-28 | Lichota Team | POL | 09:46.97 | 09:41.80 | 557 |
| 13 | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 10:05.18 | 09:59.85 | 482 |
| 14 | Mrówka | Michał | 1984-10-19 | Gdańsk | POL | 10:18.77 | 10:13.32 | 429 |
| 15 | Śliwa | Krzysztof | 1985-10-05 | KS Lemiesz Team W | POL | 10:18.95 | 10:13.50 | 428 |
| 16 | Kłos | Klaudiusz | 1984-03-09 | LLKS Ziemi Kociewsk | POL | 10:19.12 | 10:13.67 | 428 |
| 17 | Grudziński | Maciej | 1986-01-29 | Wlc.pl Lepsza Stron | POL | 10:20.19 | 10:14.73 | 424 |
| 18 | Gapiński | Łukasz | 1983-05-29 | Start Team | POL | 10:23.41 | 10:17.92 | 412 |
| 19 | Grzegorzek | Bartłomiej | 1984-08-11 | biegamyrazem.pl | POL | 10:23.44 | 10:17.95 | 412 |
| 20 | Pionk | Rafał | 1984-01-17 | Kujawscy Runners | POL | 10:26.70 | 10:21.19 | 400 |
| 21 | Różycki | Paweł | 1984-06-27 | Gdańsk | POL | 10:44.11 | 10:38.44 | 339 |
| 22 | Śliwa | Grzegorz | 1984-07-11 | AZS AWF KRAKÓW M | POL | 10:47.54 | 10:41.84 | 328 |
| 23 | Gąsior | Piotr | 1984-01-05 | CSiRSusz, Rozbiegan | POL | 10:53.59 | 10:47.84 | 308 |
| 24 | Kaliszewski | Karol | 1984-10-01 | #NoLimits | POL | 10:59.58 | 10:53.78 | 289 |
| 25 | Mikołajczyk | Wojciech | 1982-02-02 | SKL FILIPPIDES | POL | 11:10.12 | 11:04.22 | 258 |
| 26 | Cuber | Wojciech | 1982-05-12 | Złotów | POL | 11:10.91 | 11:05.01 | 255 |
| 27 | Szczepanik | Piotr | 1983-10-23 | AZS AWF KRAKÓW M | POL | 11:16.43 | 11:10.48 | 240 |
| 28 | Wójcikowski | Marcin | 1983-09-23 | AZS AWF KRAKÓW M | POL | 12:05.72 | 11:59.33 | 121 |
| 29 | Rysiewski | Robert | 1984-01-02 | SKL FILIPPIDES | POL | 12:20.32 | 12:13.81 | 94 |
| 30 | Szczypior | Marcin | 1983-07-15 | KS Sokół Zblewo | POL | 12:26.96 | 12:20.39 | 82 |
| 31 | Złotnik | Paweł | 1982-05-15 | Szczecin | POL | 13:59.36 | 13:51.97 | 0 |
| - | Jagięto | Michał | 1986-02-13 | Lkb Rudnik | POL | DNS | DNS | 0 |
| - | Leśnik | Michał | 1984-12-14 | @biegiem_po_euro | POL | DNS | DNS | 0 |
| - | Łucyk | Maciej | 1983-12-04 | KS MARATOŃCZYK P | POL | DNS | DNS | 0 |
| - | Majewski | Michał | 1984-07-20 | Spin Force Runners | POL | DNS | DNS | 0 |
| - | Wietecki | Łukasz | 1984-07-29 | AZS Poznań | POL | DNS | DNS | 0 |
| - | Wojciechowski | Sebastian | 1983-12-19 | Vege Runners | POL | DNS | DNS | 0 |
| - | Yaravy | Baryslau | 1985-07-17 | Grodno | BLR | DNS | DNS | 0 |

[M40]

| | | | | | | | | | |
|----|----------------|------------|------------|---------------------|-----|----------|----------|-----|-----|
| 1 | Kujawski | Grzegorz | 1978-03-19 | Puck | POL | 08:50.62 | 08:28.02 | 921 | HRP |
| 2 | Mazerski | Bartosz | 1976-11-30 | LKS Zantyr Sztum | POL | 09:27.78 | 09:03.59 | 734 | |
| 3 | Pietrzyk | Krzysztof | 1979-03-18 | Pietrzyk Running Te | POL | 09:30.12 | 09:05.83 | 723 | |
| 4 | Terlecki | Krzysztof | 1980-11-04 | Jarocin | POL | 09:39.10 | 09:14.43 | 681 | |
| 5 | Kowalczyk | Marcin | 1979-04-07 | Łódź | POL | 09:40.35 | 09:15.63 | 676 | |
| 6 | Białoobrzewski | Sławek | 1979-10-11 | Kiełczów | POL | 09:41.30 | 09:16.54 | 671 | |
| 7 | Tadejewski | Paweł | 1979-01-12 | Ostróda | POL | 09:44.53 | 09:19.63 | 657 | |
| 8 | Witkowski | Paweł | 1979-07-16 | Wieliszew Heron Te | POL | 09:53.83 | 09:28.53 | 616 | |
| 9 | Glugła | Mariusz | 1978-09-30 | Świecie | POL | 09:57.91 | 09:32.44 | 598 | |
| 10 | Waszczuk | Tomasz | 1980-05-26 | Szczecin | POL | 10:05.50 | 09:39.71 | 566 | |
| 11 | Żmuda | Tomasz | 1976-09-09 | CW FANZA Kołobrze | POL | 10:41.81 | 10:14.47 | 425 | |
| 12 | Korol | Krzysztof | 1976-06-25 | Warszawa | POL | 11:01.50 | 10:33.32 | 357 | |
| 13 | Koprowski | Łukasz | 1976-10-06 | OAB Piotr Kędzia | POL | 11:08.93 | 10:40.43 | 332 | |
| 14 | Zastawny | Tomasz | 1980-03-28 | AZS AWF KRAKÓW M | POL | 11:12.69 | 10:44.03 | 321 | |
| 15 | Jaskólski | Jan | 1976-12-30 | Tarnowo Podgórne | POL | 11:15.95 | 10:47.15 | 310 | |
| 16 | Sobecki | Bartłomiej | 1980-05-25 | biegampolodzi.pl | POL | 11:16.36 | 10:47.55 | 309 | |
| 17 | Grobelny | Tomasz | 1981-02-26 | SKL FILIPPIDES | POL | 11:39.90 | 11:10.08 | 241 | |
| 18 | Wiśniewski | Robert | 1976-05-02 | TKKF Płock | POL | 11:41.48 | 11:11.60 | 237 | |
| 19 | Różański | Bartosz | 1980-09-15 | Ustanów | POL | 11:55.73 | 11:25.24 | 200 | |
| 20 | Chwastek | Grzegorz | 1976-12-29 | AZS AWF KRAKÓW M | POL | 12:24.67 | 11:52.95 | 134 | |
| 21 | Lamik | Paweł | 1978-10-17 | AZS AWF KRAKÓW M | POL | 12:42.11 | 12:09.64 | 101 | |
| 22 | Jurkiewicz | Sławomir | 1980-04-29 | CSiRSusz, Rozbiegan | POL | 12:58.05 | 12:24.91 | 75 | |

| | | | | | | | | |
|----|-------------|-----------|------------|---------------------|-----|----------|----------|----|
| 23 | Jedlewski | Krzysztof | 1978-02-12 | Lublin | POL | 13:28.23 | 12:53.80 | 36 |
| - | Gołaszewski | Michał | 1976-08-08 | Team Kopec | POL | DNS | DNS | 0 |
| - | Karcz | Artur | 1979-03-09 | UKS Ekonomik Mara | POL | DNS | DNS | 0 |
| - | Kobiałka | Konrad | 1978-01-08 | KS Lemiesz Team | POL | DNS | DNS | 0 |
| - | Świecak | Robert | 1980-06-23 | Wilga Garwolin | POL | DNS | DNS | 0 |
| - | Piotraschke | Paweł | 1979-11-08 | AML Słupsk | POL | DNF | DNF | 0 |
| - | Sroka | Mirosław | 1978-04-08 | Niepołomice Biegaja | POL | DNF | DNF | 0 |

[M45]

| | | | | | | | | |
|----|---------------|------------|------------|----------------------|-----|----------|----------|-----|
| 1 | Dziuba | Bogdan | 1974-03-30 | SKB Stalowa Wola | POL | 09:17.17 | 08:34.38 | 886 |
| 2 | Borychowski | Mariusz | 1972-06-26 | Damnica | POL | 09:24.13 | 08:40.80 | 851 |
| 3 | Nowak | Rafał | 1975-04-26 | Częstochowa | POL | 09:25.93 | 08:42.47 | 842 |
| 4 | Sosnowski | Wiesław | 1972-10-30 | Gnieszewo | POL | 09:44.53 | 08:59.64 | 754 |
| 5 | Krupiński | Bogumił | 1973-02-16 | Olsztyn | POL | 09:54.42 | 09:08.77 | 709 |
| 6 | Kulik | Jarosław | 1975-05-21 | Bestie OCR Legionov | POL | 10:03.05 | 09:16.74 | 670 |
| 7 | Zienkiewicz | Piotr | 1974-06-19 | Młynary | POL | 10:05.32 | 09:18.83 | 660 |
| 8 | Retecki | Krzysztof | 1974-05-17 | Ostromiecko | POL | 10:06.03 | 09:19.49 | 657 |
| 9 | Ulidowski | Andrzej | 1971-11-14 | Kraków | POL | 10:12.13 | 09:25.12 | 631 |
| 10 | Tomczyk | Marcin | 1973-07-29 | AZS AWF KRAKÓW M | POL | 10:40.14 | 09:50.98 | 518 |
| 11 | Wyrobiec | Grzegorz | 1972-06-10 | JKLA Jawor | POL | 10:49.78 | 09:59.88 | 482 |
| 12 | Biedrzycki | Krzysztof | 1971-06-13 | Sztorm | POL | 10:50.34 | 10:00.39 | 479 |
| 13 | Jagiela | Jarosław | 1972-01-23 | TKKF Kolejarz Bydgo | POL | 10:56.17 | 10:05.78 | 458 |
| 14 | Kaczan | Norbert | 1975-10-26 | Wyborcza Olsztyn | POL | 11:26.14 | 10:33.44 | 356 |
| 15 | Halambouski | Uladzimir | 1971-03-18 | Minsk | BLR | 11:29.04 | 10:36.12 | 347 |
| 16 | Szczęsny | Piotr | 1974-05-15 | AWF Masters | POL | 11:30.25 | 10:37.24 | 343 |
| 17 | Mazurek | Marcin | 1971-07-27 | AZS ZWF KRAKÓW M | POL | 11:35.55 | 10:42.13 | 327 |
| 18 | Owczarek | Jacek | 1972-06-02 | Jack Iron tri team | POL | 12:34.88 | 11:36.91 | 171 |
| 19 | Kuraciński | Przemysław | 1973-10-30 | AZS AWF KRAKÓW M | POL | 13:19.50 | 12:18.10 | 86 |
| - | Celiński | Robert | 1973-01-30 | AZS AWF Warszawa | POL | DNS | DNS | 0 |
| - | Duczyński | Maciej | 1975-11-02 | Lemiesz Team | POL | DNS | DNS | 0 |
| - | Góra | Sylwester | 1974-09-08 | Okonek | POL | DNS | DNS | 0 |
| - | Hedzielski | Rafał | 1974-10-08 | Goleńczewo | POL | DNS | DNS | 0 |
| - | Knychas | Darek | 1973-03-02 | PZU Sport Team | POL | DNS | DNS | 0 |
| - | Kunz | Mieczysław | 1972-04-03 | AZS UMK Toruń | POL | DNS | DNS | 0 |
| - | Lipiec | Tomasz | 1971-05-10 | Warszawa | POL | DNS | DNS | 0 |
| - | Pawłowski | Mariusz | 1976-01-25 | KS Kurzętnik Biega | POL | DNS | DNS | 0 |
| - | Prawdzc | Michał | 1974-04-16 | AZS AWF KRAKÓW M | POL | DNS | DNS | 0 |
| - | Wojciechowski | Maciej | 1974-12-04 | Wyższa Szkoła Policj | POL | DNS | DNS | 0 |

[M50]

| | | | | | | | | |
|----|---------------|----------|------------|----------------------|-----|----------|----------|-----|
| 1 | Zalewski | Robert | 1969-05-07 | Zgorzelec | POL | 10:11.79 | 09:03.45 | 735 |
| 2 | Tarłowski | Ryszard | 1966-11-11 | Karkonosz Running 1 | POL | 10:15.52 | 09:06.77 | 718 |
| 3 | Guzowski | Dariusz | 1969-07-15 | Talex Borzytuchom | POL | 10:25.03 | 09:15.21 | 678 |
| 4 | Kołodziejczyk | Jarosław | 1970-09-19 | Zabiegani Częstocho | POL | 10:32.46 | 09:21.81 | 646 |
| 5 | Kowalski | Dariusz | 1968-11-06 | Złotów | POL | 10:34.22 | 09:23.38 | 639 |
| 6 | Patalon | Adam | 1968-09-06 | Kurzętnik Biega | POL | 10:43.16 | 09:31.32 | 603 |
| 7 | Wojnach | Andrzej | 1970-11-24 | 79minut po pięćdzie | POL | 10:49.51 | 09:36.96 | 578 |
| 8 | Kurkowski | Marek | 1968-05-26 | KS Sokół Zblewo | POL | 10:50.92 | 09:38.21 | 572 |
| 9 | Nowakowski | Jacek | 1966-12-04 | Warszawa | POL | 10:51.13 | 09:38.40 | 572 |
| 10 | Pick | Tomek | 1970-09-09 | Korona Szczecin | POL | 10:52.30 | 09:39.44 | 567 |
| 11 | Wiśniewski | Tomasz | 1969-10-14 | Lublin | POL | 10:54.78 | 09:41.64 | 558 |
| 12 | Bystrzycki | Radosław | 1968-12-25 | Pszczółkowski Team | POL | 11:03.96 | 09:49.80 | 523 |
| 13 | Strauss | Darek | 1970-06-08 | Bieganie pod sokolir | POL | 11:12.89 | 09:57.73 | 490 |
| 14 | Kozicz | Leszek | 1968-04-13 | Tarnowo Podgórne I | POL | 11:40.49 | 10:22.25 | 396 |
| 15 | Szelest | Dariusz | 1970-05-23 | Pietrzyk Running Tez | POL | 11:49.16 | 10:29.95 | 368 |
| 16 | Kosoń | Marcin | 1967-03-30 | AZS AWF KRAKÓW M | POL | 11:58.61 | 10:38.34 | 339 |

| | | | | | | | | | | |
|-------|----|-------------|-----------|------------|----------------------|-----|----------|----------|-----|------|
| | 17 | Romaniuk | Wojciech | 1970-01-26 | Sztorm Kołobrzeg | POL | 12:01.41 | 10:40.83 | 331 | |
| | 18 | Kordyl | Waldemar | 1970-01-25 | AZS AWF Masters | POL | 13:02.33 | 11:34.94 | 175 | |
| | - | Grewiński | Tomasz | 1969-08-18 | Lipiec Running Team | POL | DNS | DNS | 0 | |
| | - | Misiak | Mirosław | 1970-01-03 | Widłorogi | POL | DNS | DNS | 0 | |
| [M55] | | | | | | | | | | |
| | 1 | Myśliwiec | Jan | 1965-05-24 | Ślemień | POL | 10:30.54 | 08:57.41 | 765 | |
| | 2 | Bartkowski | Zbigniew | 1964-04-20 | Heinz Glas Działdow | POL | 10:36.35 | 09:02.36 | 740 | |
| | 3 | Maj | Tadeusz | 1963-01-12 | Kraków | POL | 10:59.22 | 09:21.85 | 646 | |
| | 4 | Woźniak | Janusz | 1962-02-14 | Toruń | POL | 11:12.81 | 09:33.44 | 594 | |
| | 5 | Góralski | Krzysztof | 1964-08-14 | Toruń | POL | 12:26.49 | 10:36.23 | 347 | |
| | 6 | Zawadzki | Kazimierz | 1964-06-09 | Klub Kociewiak Tcze' | POL | 12:27.43 | 10:37.03 | 344 | |
| | 7 | Tomczak | Henryk | 1962-03-22 | Wrocław | POL | 12:30.97 | 10:40.05 | 334 | |
| | 8 | Lachowski | Paweł | 1962-10-31 | AZS AWF KRAKÓW M | POL | 13:15.77 | 11:18.23 | 218 | |
| | - | Kasprzak | Ireneusz | 1962-03-31 | Wrocław | POL | DNS | DNS | 0 | |
| | - | Krupitsa | Jerzy | 1963-07-18 | Białystok | POL | DNS | DNS | 0 | |
| [M60] | | | | | | | | | | |
| | 1 | Trela | Jacek | 1958-07-27 | AZS AWF KRAKÓW M | POL | 0 | 0 | 0 | |
| | 2 | łańcucki | Stanisław | 1958-03-01 | SKB Stalowa Wola | POL | 11:25.70 | 09:18.64 | 661 | |
| | 3 | Barański | Bogusław | 1958-03-14 | MLUKS Trzebiatów | POL | 11:35.76 | 09:26.84 | 623 | |
| | 4 | Wodzyński | Bogusław | 1960-06-30 | Schulo Team | POL | 11:51.52 | 09:39.68 | 566 | |
| | 5 | Kamola | Kazimierz | 1960-03-11 | Puławy | POL | 12:16.00 | 09:59.62 | 483 | |
| | 6 | Różycki | Ryszard | 1959-01-24 | Klub Kociewiak Tcze' | POL | 12:29.05 | 10:10.25 | 441 | |
| | 7 | Grzywacz | Stanisław | 1960-12-28 | Małe Swornegacie | POL | 12:57.54 | 10:33.46 | 356 | |
| | 8 | Szatkowski | Józef | 1956-05-01 | Morsy z Grudziądza | POL | 13:36.77 | 11:05.42 | 254 | |
| | 9 | Stoń | Leszek | 1959-07-26 | Warszawa | POL | 13:56.32 | 11:21.35 | 210 | |
| | - | Cichy | Marek | 1958-12-18 | Lublin | POL | DNS | DNS | 0 | |
| | - | Majkowski | Stanisław | 1956-12-17 | KB GOCH Bytów | POL | DNS | DNS | 0 | |
| | - | Nagórek | Krzysztof | 1957-11-01 | Słupsk | POL | DNS | DNS | 0 | |
| | - | Smul | Andrzej | 1956-11-24 | Tarnowo Podgórne I | POL | DNS | DNS | 0 | |
| | - | Dryps | Ryszard | 1957-02-26 | Nowa Sarzyna | POL | DNF | DNF | 0 | |
| | - | Sienkiewicz | Czesław | 1958-12-20 | KS Krotosz Krotoszyr | POL | DNF | DNF | 0 | |
| [M65] | | | | | | | | | | |
| | 1 | Macioł | Andrzej | 1954-12-22 | Kraków | POL | 11:04.34 | 08:34.80 | 884 | RHMP |
| | 2 | Kurpiewski | Janusz | 1955-10-19 | Kutno | POL | 13:43.12 | 10:37.84 | 341 | |
| | 3 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 14:44.50 | 11:25.40 | 199 | |
| | 4 | Budzik | Kazimierz | 1953-10-27 | Parkrun Grudziądz | POL | 16:15.90 | 12:36.22 | 58 | |
| | - | Pacholec | Stanisław | 1954-05-09 | Pszczółkowski Team | POL | DNS | DNS | 0 | |
| [M70] | | | | | | | | | | |
| | 1 | Dziekoński | Tadeusz | 1950-08-29 | Białystok | POL | 12:18.59 | 09:00.80 | 748 | HRP |
| | 2 | Szymański | Adam | 1949-04-27 | Stalowa Wola | POL | 13:18.95 | 09:44.99 | 543 | |
| | 3 | Nuijens | Peter | 1948-11-30 | Tarnowo Podgórne I | NLD | 13:58.75 | 10:14.13 | 426 | |
| | 4 | Leśniak | Marian | 1947-11-10 | AZS AWF KRAKÓW M | POL | 14:08.62 | 10:21.36 | 399 | |
| | 5 | Lewandowski | Tadeusz | 1949-02-10 | WKB Piast | POL | 15:22.31 | 11:15.32 | 226 | |
| | 6 | Michalak | Jerzy | 1948-09-01 | KB im. P. Sękowskiej | POL | 16:54.98 | 12:23.17 | 78 | |
| | 7 | Awizeń | Antoni | 1948-11-04 | TKKF Kolejarz Bydgo | POL | 21:01.16 | 15:23.42 | 0 | |
| [M75] | | | | | | | | | | |
| | 1 | Wyganowski | Andrzej | 1945-04-03 | Wygan Kołobrzeg | POL | 14:42.83 | 10:05.44 | 459 | |
| | 2 | Liban | Zygfryd | 1943-12-04 | Biegający Tczew | POL | 15:06.13 | 10:21.42 | 399 | |
| | 3 | Sowiński | Edmund | 1942-02-25 | TKKF Płock | POL | 16:04.66 | 11:01.56 | 266 | |
| | - | Szymański | Jerzy | 1944-03-08 | Kurzętnik | POL | DNS | DNS | 0 | |
| [M80] | | | | | | | | | | |
| | 1 | Angiel | Władysław | 1937-02-18 | TKKF Kolejarz Bydgo | POL | 20:21.89 | 12:55.41 | 34 | |
| [pk] | | | | | | | | | | |
| | 1 | Kubiak | Maciej | 1988-10-29 | UKS ekonomik-mara | POL | 08:58.35 | 08:58.35 | 760 | |

| | | | | | | | | |
|-------------------|------------------|------------|------------|----------------------|-----|----------|----------|-----|
| 2 | Goleniewski | Mateusz | 1992-03-22 | Run The Event | POL | 09:05.47 | 09:05.47 | 725 |
| 3 | Bętkowski | Piotr | 1987-04-25 | MaratonyPolskie.pl | POL | 09:34.11 | 09:34.11 | 591 |
| 4 | Górecki | Filip | 1986-03-25 | Radio Zachód | POL | 12:49.81 | 12:49.81 | 41 |
| - | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | DNS | DNS | 0 |
| 3000m chód | | | | | | | | |
| [K35] | | | | | | | | |
| 1 | Wojciechowska | Elżbieta | 1983-11-13 | Pakość | POL | 17:53.36 | 17:22.23 | 728 |
| 2 | Ziółkowska | Katarzyna | 1981-03-27 | RKAthletics | POL | 20:54.56 | 20:18.18 | 527 |
| 3 | Górecka-Mitoraj | Justyna | 1982-07-05 | Przyjaciele w biegu | POL | 22:39.12 | 21:59.71 | 426 |
| [K40] | | | | | | | | |
| 1 | Safandowska | Małgorzata | 1978-02-19 | KOWAL | POL | 19:59.62 | 18:44.04 | 630 |
| 2 | Łobacz | Patrycja | 1977-05-21 | RK Athletics | POL | 20:05.91 | 18:49.94 | 624 |
| 3 | Pasińska-Skowron | Sylwia | 1977-10-13 | Pruszyński Sport Tea | POL | 20:52.47 | 19:33.56 | 575 |
| 4 | Gębska | Katarzyna | 1980-07-12 | Lidzbark Warmiński | POL | 23:19.44 | 21:51.28 | 434 |
| 5 | Szczodrzyńska | Katarzyna | 1979-05-15 | Poznań | POL | 23:20.13 | 21:51.92 | 433 |
| [K45] | | | | | | | | |
| 1 | Kolasa | Agnieszka | 1972-04-10 | RK Athletics | POL | 17:52.06 | 16:06.57 | 824 |
| 2 | Grinholc | Iwona | 1975-09-07 | Rumia | POL | 18:13.79 | 16:26.16 | 799 |
| 3 | Korzeniowska | Justyna | 1974-09-27 | RK Athletics | POL | 18:41.76 | 16:51.38 | 766 |
| 4 | Lisiecka | Angelika | 1974-12-07 | RK Athletics | POL | 20:54.61 | 18:51.16 | 622 |
| - | Olszewska | Anna | 1972-11-22 | Lidzbark Warmiński | POL | DNS | DNS | 0 |
| - | Wrzesińska | Katarzyna | 1975-08-12 | KS Ultra Team Łódź | POL | DNS | DNS | 0 |
| [K50] | | | | | | | | |
| 1 | Morawczyńska | Jolanta | 1968-03-22 | MUKLA Dębica Korze | POL | 16:12.61 | 14:01.11 | 997 |
| 2 | Lisowska | Alicja | 1969-02-27 | Grudziądz | POL | 17:04.90 | 14:46.33 | 933 |
| - | Wolniewicz | Katarzyna | 1970-02-03 | TL Pogoń Ruda Śląsk | POL | DNS | DNS | 0 |
| [K55] | | | | | | | | |
| 1 | Tortop | Małgorzata | 1962-07-25 | Klub Kociewiak Tcze | POL | 22:42.93 | 18:46.60 | 628 |
| 2 | Witkowska | Iwona | 1964-07-27 | Pruszcz Gdański | POL | 22:52.58 | 18:54.57 | 618 |
| [M35] | | | | | | | | |
| 1 | Mrówka | Michał | 1984-10-19 | Gdańsk | POL | 19:22.83 | 18:49.11 | 389 |
| 2 | Hałas | Marcin | 1984-07-06 | Czechowice-Dziedzic | POL | 20:43.22 | 20:07.17 | 298 |
| 3 | Pionk | Rafał | 1984-01-17 | Kujawscy Runners | POL | 22:46.89 | 22:07.25 | 181 |
| 4 | Filiciak | Michał | 1984-12-17 | AZS AWF KRAKÓW M | POL | 23:30.79 | 22:49.88 | 147 |
| 5 | Gawęcki | Maciej | 1985-08-08 | Bo nie wypada Wroc | POL | 24:57.23 | 24:13.81 | 89 |
| - | Sysik | Tomasz | 1983-12-02 | Siedlce | POL | DNS | DNS | 0 |
| [M40] | | | | | | | | |
| 1 | Grinholc | Grzegorz | 1977-03-05 | Rumia | POL | 14:22.08 | 13:30.01 | 885 |
| 2 | Czerski | Krzysztof | 1980-05-25 | KS Ultra Team Łódź | POL | 14:56.66 | 14:02.50 | 826 |
| 3 | Sucharkiewicz | Aleksander | 1977-01-24 | Łódź | POL | 16:09.76 | 15:11.19 | 706 |
| 4 | Radomski | Marcin | 1976-09-16 | mosirplock.pl | POL | 17:36.00 | 16:32.22 | 578 |
| 5 | Szarota | Jakub | 1979-04-13 | RK Athletics | POL | 17:45.20 | 16:40.86 | 565 |
| [M45] | | | | | | | | |
| 1 | Halambouski | Uladzimir | 1971-03-18 | Minsk | BLR | 14:36.72 | 13:15.01 | 913 |
| 2 | Morawczyński | Konrad | 1975-10-27 | MUKLA Dębica | POL | 14:39.03 | 13:17.10 | 909 |
| 3 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 19:52.50 | 18:01.36 | 451 |
| 4 | Buczowski | Krzysztof | 1976-01-03 | Płock | POL | 20:19.17 | 18:25.54 | 419 |
| - | Gawroński | Marek | 1974-08-17 | RK Atheltics | POL | DNS | DNS | 0 |
| - | Redzimski | Wojciech | 1975-12-18 | GKS Żukowo | POL | DNS | DNS | 0 |
| - | Trębski | Krzysztof | 1975-09-13 | Okonek | POL | DNS | DNS | 0 |
| [M50] | | | | | | | | |
| 1 | Cyrus | Bogdan | 1970-11-19 | Victoria Strzebiń | POL | 18:19.57 | 15:59.48 | 628 |
| 2 | Listowski | Andrzej | 1968-09-26 | Bielsko-Biała | POL | 23:27.82 | 20:28.46 | 275 |
| - | Aksinushkin | Aliaksandr | 1968-06-05 | Rogaczou | BLR | DNS | DNS | 0 |

| | | | | | | | | | | |
|-------|----|---------------|-------------|------------|-----------------------|-----|-------|-------|-----|------|
| | 1 | Opak | Beata | 1965-06-28 | W-MKLA Masters Ol | POL | 33,77 | 28,06 | 796 | |
| | 2 | Kieling | Anna | 1962-04-07 | Barwice | POL | 36,07 | 29,97 | 679 | |
| | - | Mitek | Ewa | 1962-09-08 | Solec Kujawski | POL | DNS | DNS | 0 | |
| [K60] | | | | | | | | | | |
| | 1 | Sadkowska | Krystyna | 1958-07-29 | Starogard Gdański | POL | 35,13 | 27,96 | 803 | |
| | 2 | Suleja | Joanna | 1960-05-02 | Stargard | POL | 47,59 | 37,88 | 292 | |
| | - | Brysiak | Joanna | 1959-03-31 | Warszawa | POL | DNS | DNS | 0 | |
| [K65] | | | | | | | | | | |
| | 1 | Podsiadło | Aleksandra | 1953-11-01 | Rogierówko | POL | 37,09 | 28,13 | 792 | RHMP |
| | 2 | Włodarczyk | Alicja | 1952-05-11 | JKLA Jawor | POL | 48,98 | 37,15 | 321 | |
| [K80] | | | | | | | | | | |
| | 1 | Rosińska | Janina | 1936-04-30 | Pabianice | POL | 59,26 | 36,87 | 333 | |
| [pk] | | | | | | | | | | |
| | 1 | Kwiatkowska | Angelina | 1998-06-19 | MKS Juwenia Białystok | POL | 25,98 | 25,98 | 935 | |
| [M35] | | | | | | | | | | |
| | 1 | Kucharski | Piotr | 1982-06-12 | Rawa Mazowiecka | POL | 23,43 | 23,03 | 807 | |
| | 2 | Głuszyński | Paweł | 1983-01-23 | KS.Sprinterzy.com Kl | POL | 24,4 | 23,98 | 693 | |
| | 3 | Pawłowski | Łukasz | 1982-03-13 | KS.Sprinterzy.com Kl | POL | 24,65 | 24,23 | 664 | |
| | 4 | Ważny | Krzysztof | 1985-05-23 | AZS AWF Warszawa | POL | 24,72 | 24,29 | 658 | |
| | 5 | Rokicki | Łukasz | 1983-06-23 | Białogard | POL | 24,87 | 24,44 | 641 | |
| | 6 | Kupiec | Tomasz | 1982-05-31 | Wodociągi M. Krako | POL | 25,4 | 24,96 | 584 | |
| | 7 | Ilczuk | Mariusz | 1983-03-14 | Warszawa | POL | 25,86 | 25,42 | 537 | |
| | 8 | Jaszczur | Michał | 1981-09-26 | Płońsk | POL | 27,24 | 26,77 | 408 | |
| | 9 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 27,87 | 27,39 | 355 | |
| | - | Cholewiński | Artur | 1985-01-18 | AML Słupsk | POL | DNS | DNS | 0 | |
| | - | Kossowski | Daniel | 1981-12-10 | Radom | POL | DNS | DNS | 0 | |
| | - | Nawrocki | Mariusz | 1982-02-17 | Team Pasja Inowroc | POL | DNS | DNS | 0 | |
| | - | Sypniewski | Tomasz | 1984-08-10 | Warszawa | POL | DNS | DNS | 0 | |
| [M40] | | | | | | | | | | |
| | 1 | Adamczyk | Jakub | 1979-09-26 | Warszawa | POL | 22,85 | 21,68 | 984 | HRP |
| | 2 | Marcinkowski | Marcin | 1981-02-16 | AZS Poznań | POL | 23,38 | 22,18 | 916 | |
| | 3 | Grzybowski | Przemysław | 1978-03-05 | Ksawerów | POL | 24,64 | 23,38 | 764 | |
| | 4 | Romanowski | Łukasz | 1981-02-03 | WKS Wawel | POL | 25 | 23,72 | 723 | |
| | 5 | Ściubeł | Marcin | 1976-03-16 | RKS Łódź | POL | 25,09 | 23,81 | 713 | |
| | 6 | Sekieta | Radosław | 1976-04-13 | MLUKS Rawa Mazov | POL | 25,15 | 23,86 | 707 | |
| | 7 | Gębski | Mariusz | 1978-05-05 | Lidzbark Warmiński | POL | 25,48 | 24,18 | 670 | |
| | 8 | Kotłowski | Marcin | 1979-08-11 | NIEZRZESZONY | POL | 25,81 | 24,49 | 635 | |
| | 9 | Danhofer | Krzysztof | 1981-01-25 | Sprinterzy.com | POL | 25,91 | 24,58 | 625 | |
| | 10 | Niedbał | Adam | 1976-06-26 | Siewierz | POL | 32,24 | 30,59 | 140 | |
| | - | Kocerka | Jacek | 1976-10-07 | Warszawa | POL | DNS | DNS | 0 | |
| | - | Koszela | Maciej | 1978-01-14 | NOWA SÓL | POL | DNS | DNS | 0 | |
| | - | Krukowski | Maciej | 1976-03-23 | GLKS Dobrcz | POL | DNS | DNS | 0 | |
| | - | Żmijewski | Paweł | 1976-08-31 | Schulo Team | POL | DNS | DNS | 0 | |
| [M45] | | | | | | | | | | |
| | 1 | Tsiolis | Konstantino | 1972-05-17 | Asedas | GRC | 25,4 | 23,26 | 778 | |
| | 2 | Pęczek | Adam | 1972-01-14 | RKS Łódź | POL | 25,82 | 23,65 | 731 | |
| | 3 | Kłodowski | Jacek | 1975-08-21 | AZS AWF Warszawa | POL | 25,93 | 23,75 | 720 | |
| | 4 | Prokopiuk | Robert | 1975-03-25 | UKS OTRĘBUSY | POL | 26,19 | 23,99 | 692 | |
| | 5 | Górny | Jacek | 1971-07-03 | UKS OTRĘBUSY | POL | 26,2 | 24 | 691 | |
| | 6 | Wojciechowski | Przemysław | 1972-08-27 | Przeclaw | POL | 26,36 | 24,14 | 675 | |
| | 7 | Szczodrzyński | Piotr | 1974-04-13 | Poznań | POL | 26,37 | 24,15 | 673 | |
| | 8 | Andrzejczak | Mariusz | 1973-03-16 | 4 Run Team Piła | POL | 27,9 | 25,55 | 524 | |
| | - | Perlikowski | Sławomir | 1975-11-26 | Team Pasja Inowroc | POL | DNS | DNS | 0 | |
| | - | Sukhinin | Maksim | 1973-02-05 | Grodno | BLR | DNS | DNS | 0 | |

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|-------|----------------|-------------|------------|---------------------|-----|-------|-------|------|------|
| [M50] | | | | | | | | | |
| 1 | Sunneborn | Mattias | 1970-09-27 | Sztokholm | SWE | 23,46 | 20,74 | 1117 | RHMP |
| 2 | Skrzyński | Piotr | 1967-10-08 | W-MKLA Masters Ol | POL | 25,5 | 22,54 | 869 | |
| 3 | Widział | Marek | 1968-01-26 | Nowy Sącz | POL | 26,33 | 23,28 | 776 | |
| 4 | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 27,58 | 24,38 | 647 | |
| 5 | Zboiński | Wojciech | 1967-11-10 | Koszalin | POL | 27,97 | 24,73 | 609 | |
| 6 | Kubarski | Julian | 1971-01-22 | TKKF Kolejarz Bydgo | POL | 28,78 | 25,44 | 535 | |
| 7 | Burda | Marek | 1968-09-17 | Niepołomice biegają | POL | 29,59 | 26,16 | 464 | |
| 8 | Wieczorek | Konstanty | 1969-09-17 | Białobrzegi | POL | 30,47 | 26,94 | 393 | |
| 9 | Szczepuchowski | Bogdan | 1966-04-04 | SHULO TEAM | POL | 31,99 | 28,28 | 286 | |
| 10 | Asayonak | Ihar | 1966-11-19 | Gdansk | POL | 32,03 | 28,31 | 283 | |
| 11 | Cyrus | Bogdan | 1970-11-19 | Victoria Strzebiń | POL | 33,18 | 29,33 | 213 | |
| - | Żak | Waldemar | 1969-04-23 | Głogów | POL | DNS | DNS | 0 | |
| [M55] | | | | | | | | | |
| 1 | Zhumadilov | Valery | 1961-08-21 | Abaj | KAZ | 26,12 | 22,28 | 903 | |
| 2 | Krauze | Jerzy | 1963-07-14 | Koszalin | POL | 27,55 | 23,5 | 749 | |
| 3 | Żebrowski | Piotr | 1964-10-08 | Wejherowo | POL | 28,25 | 24,1 | 679 | |
| 4 | Opajdowski | Dariusz | 1962-02-04 | Gromadka | POL | 29,12 | 24,84 | 597 | |
| - | Góral | Krzysztof | 1962-03-08 | Wrocław | POL | DNS | DNS | 0 | |
| - | Grotkowski | Krzysztof | 1963-07-26 | Okuniew | POL | DNS | DNS | 0 | |
| [M60] | | | | | | | | | |
| 1 | Pietrzak | Waldemar | 1959-08-24 | Miłonice | POL | 26,67 | 21,94 | 948 | |
| 2 | Kubiczek | Piotr | 1957-01-16 | Kozy | POL | 27,32 | 22,47 | 878 | |
| 3 | Orłowski | Waldemar | 1957-06-19 | Bielsko-Biała | POL | 27,36 | 22,51 | 873 | |
| 4 | Sut | Andrzej | 1957-09-25 | Łódź | POL | 28,78 | 23,67 | 729 | |
| 5 | Zaremba | Janusz | 1957-11-23 | Poznań | POL | 32,84 | 27,01 | 387 | |
| 6 | Miłek | Czesław | 1959-06-30 | Solec Kujawski | POL | 38,08 | 31,32 | 105 | |
| - | Cząstka | Jan | 1958-06-19 | Ujkowice | POL | DNS | DNS | 0 | |
| - | Musiak | Wiesław | 1957-10-20 | Śrem | POL | DNS | DNS | 0 | |
| - | Zduniak | Krzysztof | 1957-08-12 | Łódź | POL | DNS | DNS | 0 | |
| [M65] | | | | | | | | | |
| 1 | Apostoł | Marian | 1952-09-28 | Kraków Tyniec | POL | 29,09 | 22,97 | 814 | |
| 2 | Jaworski | Leszek | 1955-08-10 | Koszalin | POL | 29,39 | 23,2 | 786 | |
| 3 | Wiącek | Stanisław | 1955-05-13 | Ustronie Morskie | POL | 30,76 | 24,29 | 658 | |
| 4 | Kostrza | Zbigniew | 1955-01-01 | Wejherowo | POL | 31,42 | 24,81 | 600 | |
| 5 | Olszowy | Andrzej | 1952-12-13 | Sopot | POL | 34,6 | 27,32 | 361 | |
| 6 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 38,9 | 30,71 | 134 | |
| - | Dobrzyński | Marek | 1951-05-12 | Gliwice | POL | DNS | DNS | 0 | |
| - | Volkotrub | Oleksandr | 1953-01-20 | Lwów | UKR | DNS | DNS | 0 | |
| [M70] | | | | | | | | | |
| 1 | Kuschill | Juliusz | 1950-05-22 | Kraków | POL | 30,44 | 22,91 | 822 | |
| 2 | Podsiadło | Zdzisław | 1947-10-17 | Rogierówko | POL | 32,58 | 24,52 | 632 | |
| 3 | Popławski | Janusz | 1948-08-30 | Radom | POL | 32,66 | 24,58 | 625 | |
| 4 | Kwoczała | Zygmunt | 1949-12-19 | Szańska | POL | 33,54 | 25,24 | 555 | |
| 5 | Niezgoda | Stanisław | 1949-05-10 | Głogów | POL | 34,01 | 25,59 | 520 | |
| 6 | Repczyński | Aleksander | 1947-08-24 | Swarzędz | POL | 34,55 | 26 | 479 | |
| [M75] | | | | | | | | | |
| 1 | Riss | Mieczysław | 1946-01-25 | Gliwice | POL | 38,43 | 27,35 | 359 | |
| 2 | Burdzy | Mieczysław | 1946-02-01 | Stargard | POL | 38,45 | 27,36 | 358 | |
| 3 | Nowacki | Czesław | 1943-01-26 | Toruń | POL | 51,28 | 36,49 | 0 | |
| - | Broc | Jerzy | 1942-12-27 | Suwałki | POL | DNS | DNS | 0 | |
| - | Kopta | Jerzy | 1945-11-18 | niestowarzyszony | POL | DNS | DNS | 0 | |
| [M80] | | | | | | | | | |
| 1 | Głowacki | Włodzimierz | 1938-05-05 | Koszalin | POL | 40,62 | 27,08 | 381 | |

| | | | | | | | | | | |
|-------|---|--------------------|------------|------------|-----------------------|-----|----------|----------|------|------|
| | 2 | Osóbka | Tomasz | 1937-08-21 | Toruń | POL | 48,27 | 32,18 | 70 | |
| | 3 | Czacharowski | Bogdan | 1941-02-06 | Grójec | POL | 01:08.79 | 45,86 | 0 | |
| [pk] | | | | | | | | | | |
| | 1 | Dudek | Bartosz | 1992-02-05 | MKS Juvenia Białystok | POL | 22,77 | 22,77 | 839 | |
| | 2 | Kwiatkowski | Mateusz | 1999-06-03 | MKS Juvenia Białystok | POL | 22,81 | 22,81 | 834 | |
| | 3 | Jaroszewicz | Ernest | 1999-12-04 | MKS Juvenia Białystok | POL | 23,47 | 23,47 | 753 | |
| | 4 | Okoń | Aleksander | 1993-06-22 | Głos Świdnika | POL | 26,28 | 26,28 | 453 | |
| | 5 | Musiąg | Kacper | 2001-07-10 | Sprinterzy.com | POL | 26,62 | 26,62 | 422 | |
| | 6 | Smoczyk | Grzegorz | 1988-02-08 | sportzpzazurem.pl | POL | 28,52 | 28,52 | 268 | |
| 400m | | | | | | | | | | |
| [K30] | | | | | | | | | | |
| | 1 | Ilczuk | Weronika | 1986-03-27 | KS Sprinterzy.com | POL | 01:00.21 | 01:00.21 | 876 | |
| [K35] | | | | | | | | | | |
| | 1 | Hańczkiewicz | Sylwia | 1982-11-22 | Bełchatów | POL | 01:06.40 | 01:04.04 | 768 | |
| | 2 | Sobieraj | Aneta | 1985-02-26 | UKS MTE Milanówek | POL | 01:08.37 | 01:05.94 | 716 | |
| | 3 | Bielecka | Marta | 1984-09-18 | KS Lemiesz Team | POL | 01:09.42 | 01:06.96 | 690 | |
| | 4 | Wojciechowska | Elżbieta | 1983-11-13 | Pakość | POL | 01:16.37 | 01:13.66 | 526 | |
| | 5 | Skalska | Anna | 1981-07-07 | KS Sokół Zblewo | POL | 01:23.57 | 01:20.60 | 380 | |
| [K40] | | | | | | | | | | |
| | 1 | Lemiesz | Aneta | 1981-01-17 | Warszawa | POL | 54,8 | 50,9 | 1171 | HRŚ |
| | 2 | Włodarczyk | Patrycja | 1980-06-09 | JKLA Jawor | POL | 01:09.55 | 01:04.60 | 752 | |
| | 3 | Burchard | Ilona | 1978-02-21 | KS Lemiesz Team | POL | 01:10.09 | 01:05.10 | 739 | |
| | 4 | Brulińska | Monika | 1976-08-02 | www.kobietarakieta | POL | 01:12.96 | 01:07.77 | 669 | |
| | - | Gąsowska | Małgorzata | 1978-03-18 | Legnica | POL | DNS | DNS | 0 | |
| | - | Pawłowska | Dorota | 1980-03-13 | Zamek Kurzętnik | POL | DNS | DNS | 0 | |
| [K45] | | | | | | | | | | |
| | 1 | Akervall | Jenny | 1972-12-22 | Sztokholm | SWE | 01:04.15 | 57,27 | 965 | RHMP |
| | 2 | Hass-Kalita | Joanna | 1975-04-17 | MKS Syrena | POL | 01:06.83 | 59,66 | 893 | |
| | 3 | Zglińska | Iwona | 1974-10-27 | Sulejówek | POL | 01:11.84 | 01:04.13 | 765 | |
| | 4 | Adamovich | Iryna | 1973-06-10 | Viktorya | BLR | 01:18.55 | 01:10.12 | 610 | |
| | 5 | Grzywacz | Dorota | 1974-08-03 | Chojnice | POL | 01:25.67 | 01:16.48 | 464 | |
| | - | Adryjańczyk | Małgorzata | 1974-02-12 | Toruń | POL | DNS | DNS | 0 | |
| | - | Sucharska-Czapska | Izabella | 1974-03-06 | Warszawa | POL | DNS | DNS | 0 | |
| [K50] | | | | | | | | | | |
| | 1 | Milińska-Tymendorf | Anna | 1970-02-28 | Masters La SGH | POL | 01:10.62 | 01:00.44 | 870 | RHMP |
| | 2 | Jabłkowska | Monika | 1969-12-02 | Masters La SGH | POL | 01:13.75 | 01:03.12 | 793 | |
| | 3 | Manterys | Danuta | 1970-07-02 | AZS AWF KRAKÓW M | POL | 01:14.86 | 01:04.07 | 767 | |
| | 4 | Żebrowska | Jolanta | 1969-04-28 | Chemik Noxy Puławy | POL | 01:26.61 | 01:14.13 | 516 | |
| [K55] | | | | | | | | | | |
| | 1 | Fliegert | Ewa | 1965-02-10 | Rybnik | POL | 01:15.46 | 01:01.73 | 832 | |
| | 2 | Szafarczyk | Eugenia | 1962-06-10 | Ochaby Małe | POL | 01:19.31 | 01:04.88 | 745 | |
| | 3 | Pieczulis | Krystyna | 1962-11-12 | AZS UWM Olsztyn/V | POL | 01:21.26 | 01:06.47 | 702 | |
| [K60] | | | | | | | | | | |
| | 1 | Suleja | Joanna | 1960-05-02 | Stargard | POL | 01:52.48 | 01:27.57 | 257 | |
| [K65] | | | | | | | | | | |
| | 1 | Podsiadło | Aleksandra | 1953-11-01 | Rogierówko | POL | 01:36.12 | 01:10.82 | 593 | RHMP |
| [K80] | | | | | | | | | | |
| | 1 | Rosińska | Janina | 1936-04-30 | Pabianice | POL | 03:41.04 | 02:10.59 | 0 | |
| [pk] | | | | | | | | | | |
| | - | Dimitrow | Maja | 2004-12-02 | Warszawa | POL | DNS | DNS | 0 | |
| [M35] | | | | | | | | | | |
| | 1 | Ogonowski | Szymon | 1985-07-26 | Mazovia Proactiv C-1 | POL | 50,06 | 48,52 | 967 | RHMP |
| | 2 | Pawski | Wawrzyniec | 1984-01-31 | PZLAM | POL | 53,85 | 52,2 | 766 | |
| | 3 | Kupiec | Tomasz | 1982-05-31 | Wodociągi M. Krako | POL | 54,16 | 52,5 | 751 | |

| | | | | | | | | | |
|-------|-------------|-------------|------------|-----------------------|-----|----------|----------|------|------|
| 4 | Skarba | Andrzej | 1984-01-03 | Bełchatów | POL | 54,38 | 52,71 | 740 | |
| 5 | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 55,21 | 53,52 | 699 | |
| 6 | Sypniewski | Tomasz | 1984-08-10 | Warszawa | POL | 55,83 | 54,12 | 670 | |
| 7 | Zdobylak | Lucjan | 1981-07-25 | LKS Polkowice | POL | 57,62 | 55,85 | 590 | |
| 8 | Kmieciak | Robert | 1981-11-04 | TS Opatrunki Toruń | POL | 59,84 | 58 | 497 | |
| 9 | Kaliszewski | Karol | 1984-10-01 | #NoLimits | POL | 01:00.57 | 58,71 | 468 | |
| 10 | Jaszczur | Michał | 1981-09-26 | Płońsk | POL | 01:02.27 | 01:00.36 | 404 | |
| 11 | Hoffmann | Daniel | 1981-09-29 | KS Sokół Zblewo | POL | 01:06.53 | 01:04.49 | 264 | |
| 12 | Szczypior | Marcin | 1983-07-15 | KS Sokół Zblewo | POL | 01:12.62 | 01:10.39 | 116 | |
| - | Korpala | Łukasz | 1984-02-20 | Biegoholicy Toruń | POL | DNS | DNS | 0 | |
| - | Kucharski | Piotr | 1982-06-12 | Rawa Mazowiecka | POL | DNS | DNS | 0 | |
| - | Sobczak | Robert | 1982-09-10 | Łódź | POL | DNS | DNS | 0 | |
| - | Dyczko | Piotr | 1984-04-18 | Dobra Energia | POL | DNF | DNF | 0 | |
| [M40] | | | | | | | | | |
| 1 | Adamczyk | Jakub | 1979-09-26 | Warszawa | POL | 50,42 | 47,31 | 1038 | HRP |
| 2 | Sekieta | Radosław | 1976-04-13 | MLUKS Rawa Mazov | POL | 55,03 | 51,64 | 795 | |
| 3 | Grzybowski | Przemysław | 1978-03-05 | Ksawerów | POL | 55,21 | 51,81 | 786 | |
| 4 | Salewski | Jan | 1980-08-29 | Kujawscy Runners | POL | 57,74 | 54,18 | 667 | |
| 5 | Danhofer | Krzysztof | 1981-01-25 | Sprinterzy.com | POL | 58,27 | 54,68 | 644 | |
| 6 | Musiatowicz | Wojciech | 1980-09-14 | UKS Herkules Sulejów | POL | 58,5 | 54,9 | 633 | |
| 7 | Kaszubiak | Klaudiusz | 1979-09-04 | Koszalin | POL | 59,02 | 55,38 | 611 | |
| 8 | Siejka | Mariusz | 1977-03-23 | Kondycja Piaseczno | POL | 59,48 | 55,82 | 591 | |
| 9 | Armaos | Ioulios | 1977-04-04 | Dias Athinas | GRC | 59,89 | 56,2 | 574 | |
| 10 | Niedbał | Adam | 1976-06-26 | Siewierz | POL | 01:10.81 | 01:06.45 | 208 | |
| - | Kocerka | Jacek | 1976-10-07 | Warszawa | POL | DNS | DNS | 0 | |
| - | Zimny | Emanuel | 1981-01-28 | Sochaczew | POL | DNS | DNS | 0 | |
| [M45] | | | | | | | | | |
| 1 | Stępnia | Radosław | 1971-12-04 | Legnica | POL | 57,9 | 52,52 | 750 | |
| 2 | Pęczek | Adam | 1972-01-14 | RKS Łódź | POL | 58,96 | 53,48 | 701 | |
| 3 | Tsiolis | Konstantino | 1972-05-17 | Asedas | GRC | 59,51 | 53,98 | 677 | |
| 4 | Tomczyk | Marcin | 1973-07-29 | AZS AWF KRAKÓW M | POL | 59,93 | 54,36 | 659 | |
| 5 | Andrzejczak | Mariusz | 1973-03-16 | 4 Run Team Piła | POL | 01:00.61 | 54,98 | 630 | |
| 6 | Mańka | Robert | 1971-06-17 | Wrocław | POL | 01:01.76 | 56,02 | 582 | |
| 7 | Górny | Jacek | 1971-07-03 | UKS OTRĘBUSY | POL | 01:02.74 | 56,91 | 543 | |
| 8 | Chudzik | Mariusz | 1973-02-25 | Sprinterzy.com | POL | 01:06.04 | 59,9 | 421 | |
| 9 | Kuc | Wojciech | 1972-04-17 | MKS Juwenia Białystok | POL | 01:14.50 | 01:07.58 | 179 | |
| - | Celiński | Robert | 1973-01-30 | AZS AWF Warszawa | POL | DNS | DNS | 0 | |
| - | Perlikowski | Sławomir | 1975-11-26 | Team Pasja Inowroc | POL | DNS | DNS | 0 | |
| - | Redzimski | Wojciech | 1975-12-18 | GKS Żukowo | POL | DNS | DNS | 0 | |
| [M50] | | | | | | | | | |
| 1 | Sunneborn | Mattias | 1970-09-27 | Sztokholm | SWE | 52,35 | 45,81 | 1130 | RHMP |
| 2 | Musiak | Michał | 1969-07-29 | Bydgoszcz | POL | 01:01.83 | 54,11 | 671 | |
| 3 | Zboiński | Wojciech | 1967-11-10 | Koszalin | POL | 01:02.63 | 54,81 | 638 | |
| 4 | Pick | Tomek | 1970-09-09 | Korona Szczecin | POL | 01:04.37 | 56,33 | 568 | |
| 5 | Listowski | Andrzej | 1968-09-26 | Bielsko-Biała | POL | 01:04.75 | 56,66 | 554 | |
| 6 | Burda | Marek | 1968-09-17 | Niepołomice biegają | POL | 01:07.47 | 59,04 | 454 | |
| - | Czerwoński | Artur | 1968-05-21 | Łomianki | POL | DNS | DNS | 0 | |
| - | Zalasa | Wojciech | 1968-03-25 | Łódź Kocha Sport | POL | DNS | DNS | 0 | |
| [M55] | | | | | | | | | |
| 1 | Płoskoński | Piotr | 1965-03-20 | Strzałków | POL | 01:14.09 | 01:02.38 | 332 | |
| 2 | Zawadzki | Kazimierz | 1964-06-09 | Klub Kociwiak Tczew | POL | 01:22.13 | 01:09.15 | 142 | |
| - | Fraś | Andrzej | 1962-07-05 | Środa Wlkp. | POL | DNS | DNS | 0 | |
| - | Grotkowski | Krzysztof | 1963-07-26 | Okuniew | POL | DNS | DNS | 0 | |
| - | Żebrowski | Piotr | 1964-10-08 | Wejherowo | POL | DNS | DNS | 0 | |

| | | | | | | | | |
|-------|-----------------|-------------|------------|-----------------------|-----|----------|----------|----------|
| [M60] | | | | | | | | |
| 1 | Pietrzak | Waldemar | 1959-08-24 | Miłonice | POL | 01:00.98 | 49,23 | 926 |
| 2 | Cząstka | Jan | 1958-06-19 | Ujkowice | POL | 01:01.09 | 49,32 | 921 |
| 3 | Sut | Andrzej | 1957-09-25 | Łódź | POL | 01:07.00 | 54,09 | 672 |
| 4 | Nagórek | Krzysztof | 1957-11-01 | Stupsk | POL | 01:11.58 | 57,79 | 505 |
| 5 | Zaremba | Janusz | 1957-11-23 | Poznań | POL | 01:14.68 | 01:00.29 | 406 |
| 6 | Grzywacz | Stanisław | 1960-12-28 | Małe Swornegacie | POL | 01:22.45 | 01:06.56 | 205 |
| - | Kubiczek | Piotr | 1957-01-16 | Kozy | POL | DNS | DNS | 0 |
| - | Sienkiewicz | Czesław | 1958-12-20 | KS Krotosz Krotoszyr | POL | DNS | DNS | 0 |
| [M65] | | | | | | | | |
| 1 | Apostoł | Marian | 1952-09-28 | Kraków Tyniec | POL | 01:09.26 | 53,36 | 707 |
| 2 | Kostrza | Zbigniew | 1955-01-01 | Wejherowo | POL | 01:13.29 | 56,46 | 562 |
| 3 | Mydlarz | Jerzy | 1954-08-12 | MKS Juwenia Białystok | POL | 01:21.58 | 01:02.85 | 316 |
| 4 | Obałka | Szymon | 1953-09-19 | Sieradz | POL | 01:23.47 | 01:04.31 | 270 |
| 5 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 01:28.36 | 01:08.07 | 167 |
| - | Marcinkiewicz | Tadeusz | 1953-07-16 | Masters Wroclaw | POL | DNF | DNF | 0 |
| [M70] | | | | | | | | |
| 1 | Hoffmann | Zygfryd | 1951-01-26 | Stargard | POL | 01:18.08 | 57,05 | 537 |
| 2 | Repczyński | Aleksander | 1947-08-24 | Swarzędz | POL | 01:19.25 | 57,9 | 501 |
| 3 | Paluszak | Tadeusz | 1950-02-19 | Elbląg | POL | 01:28.57 | 01:04.71 | 257 |
| 4 | Lewandowski | Tadeusz | 1949-02-10 | WKB Piast | POL | 01:36.71 | 01:10.66 | 110 |
| - | Gołębiewski | Edward | 1950-03-14 | Pobiedziska | POL | DNS | DNS | 0 |
| - | Leśniak | Marian | 1947-11-10 | AZS AWF KRAKÓW M | POL | DNS | DNS | 0 |
| - | Niezgoda | Stanisław | 1949-05-10 | Głogów | POL | DNS | DNS | 0 |
| - | Podsiadło | Zdzisław | 1947-10-17 | Rogierówko | POL | DNS | DNS | 0 |
| [M75] | | | | | | | | |
| 1 | Kostro | Włodzimierz | 1943-04-24 | Gdynia | POL | 01:22.10 | 56,41 | 565 HRP |
| 2 | Wyganowski | Andrzej | 1945-04-03 | Wygan Kołobrzeg | POL | 01:33.95 | 01:04.55 | 262 |
| 3 | Broc | Jerzy | 1942-12-27 | Suwałki | POL | 01:40.63 | 01:09.14 | 142 |
| 4 | Sowiński | Edmund | 1942-02-25 | TKKF Płock | POL | 01:44.32 | 01:11.68 | 91 |
| 5 | Szymański | Jerzy | 1944-03-08 | Kurzętnik | POL | 02:31.78 | 01:44.29 | 0 |
| - | Kopta | Jerzy | 1945-11-18 | niestowarzyszony | POL | DNS | DNS | 0 |
| [M80] | | | | | | | | |
| 1 | Czacharowski | Bogdan | 1941-02-06 | Grójec | POL | 03:19.73 | 02:07.59 | 0 |
| [pk] | | | | | | | | |
| 1 | Biliński | Damian | 2002-01-23 | Mazovia Proaktiv Cie | POL | 52,4 | 52,4 | 756 |
| 2 | Koczkodaj | Wojciech | 1998-08-29 | Sprinterzy.com | POL | 55,42 | 55,42 | 609 |
| 3 | Musiał | Kacper | 2001-07-10 | Sprinterzy.com | POL | 01:01.35 | 01:01.35 | 368 |
| 4 | Smoczyk | Grzegorz | 1988-02-08 | sportzpazurem.pl | POL | 01:04.61 | 01:04.61 | 260 |
| 800m | | | | | | | | |
| [K35] | | | | | | | | |
| 1 | Pietruszka | Magdalena | 1983-11-12 | Schulo Team | POL | 02:35.12 | 02:29.97 | 683 |
| 2 | Nowak | Monika | 1981-11-02 | Częstochowa | POL | 02:36.23 | 02:31.04 | 668 |
| 3 | Bielecka | Marta | 1984-09-18 | KS Lemiesz Team | POL | 02:38.06 | 02:32.81 | 644 |
| 4 | Woźniakowska | Agata | 1984-11-24 | Bydgoszcz | POL | 02:39.57 | 02:34.27 | 625 |
| 5 | Szubert | Katarzyna | 1985-06-16 | SKL FILIPPIDES | POL | 02:50.29 | 02:44.64 | 497 |
| - | Górecka-Mitoraj | Justyna | 1982-07-05 | Przyjaciele w biegu | POL | DNS | DNS | 0 |
| [K40] | | | | | | | | |
| 1 | Petka | Lucyna | 1976-04-15 | SKL FILIPPIDES | POL | 02:30.50 | 02:19.80 | 828 RHMP |
| 2 | Pawłowska | Dorota | 1980-03-13 | Zamek Kurzętnik | POL | 02:31.71 | 02:20.92 | 812 |
| 3 | Burchard | Ilona | 1978-02-21 | KS Lemiesz Team | POL | 02:36.87 | 02:25.72 | 742 |
| 4 | Włodarczyk | Patrycja | 1980-06-09 | JKLA Jawor | POL | 02:37.52 | 02:26.32 | 733 |
| 5 | Kąś | Iwona | 1980-02-02 | Kraków | POL | 02:56.66 | 02:44.10 | 503 |
| 6 | Góra | Agnieszka | 1977-06-16 | Okonek | POL | 02:56.80 | 02:44.23 | 502 |

| | | | | | | | | | | |
|-------|----|-------------------|------------|------------|-----------------------|-----|----------|----------|-----|------|
| | 7 | Błażej | Krzysztofa | 1978-10-25 | wtlenie.pl | POL | 03:02.79 | 02:49.79 | 439 | |
| | - | Lulis | Anna | 1980-01-27 | Akademia Biegania | POL | DNS | DNS | 0 | |
| [K45] | | | | | | | | | | |
| | 1 | Hass-Kalita | Joanna | 1975-04-17 | MKS Syrena | POL | 02:42.77 | 02:24.96 | 753 | |
| | 2 | Stępień-Wyrobiec | Olga | 1974-02-17 | JKLA Jawor | POL | 02:48.75 | 02:30.29 | 678 | |
| | 3 | Adamovich | Iryna | 1973-06-10 | Viktorya | BLR | 02:55.06 | 02:35.91 | 604 | |
| | 4 | Janas | Ewa | 1973-11-18 | AZS AWF KRAKÓW M | POL | 02:55.14 | 02:35.98 | 603 | |
| | 5 | Kubler | Anna | 1974-09-19 | Kraków | POL | 03:01.41 | 02:41.56 | 533 | |
| | 6 | Sucharska-Czapska | Izabella | 1974-03-06 | Warszawa | POL | 03:06.74 | 02:46.31 | 478 | |
| | 7 | Grzywacz | Dorota | 1974-08-03 | Chojnice | POL | 03:11.38 | 02:50.44 | 432 | |
| | 8 | Grabowska | Joanna | 1975-04-15 | Toruń | POL | 03:18.79 | 02:57.04 | 363 | |
| [K50] | | | | | | | | | | |
| | 1 | Andrzejewska | Joanna | 1970-06-11 | lubelskibiegacz.pl TE | POL | 02:42.16 | 02:18.10 | 854 | RHMP |
| [K55] | | | | | | | | | | |
| | 1 | Szafarczyk | Eugenia | 1962-06-10 | Ochaby Małe | POL | 03:00.99 | 02:26.87 | 725 | RHMP |
| | - | Pieczulis | Krystyna | 1962-11-12 | AZS UWM Olsztyn/V | POL | DNS | DNS | 0 | |
| [K60] | | | | | | | | | | |
| | 1 | Suleja | Joanna | 1960-05-02 | Stargard | POL | 04:15.07 | 03:16.35 | 196 | HRP |
| | - | Brysiak | Joanna | 1959-03-31 | Warszawa | POL | DNS | DNS | 0 | |
| [K65] | | | | | | | | | | |
| | 1 | Włodarczyk | Alicja | 1952-05-11 | JKLA Jawor | POL | 04:42.19 | 03:24.84 | 139 | |
| [M35] | | | | | | | | | | |
| | 1 | Pawski | Wawrzyniec | 1984-01-31 | PZLAM | POL | 02:04.85 | 02:01.33 | 737 | |
| | 2 | Goleniowski | Dawid | 1984-01-18 | KS AZS UWM Olsztyn | POL | 02:06.05 | 02:02.50 | 710 | |
| | 3 | Sobczak | Robert | 1982-09-10 | Łódź | POL | 02:06.13 | 02:02.57 | 708 | |
| | 4 | Nowak | Marcin | 1982-10-28 | Stalowa Wola | POL | 02:07.09 | 02:03.51 | 687 | |
| | 5 | Fiuk | Michał | 1985-04-09 | Gwardia Piła | POL | 02:10.48 | 02:06.80 | 614 | |
| | 6 | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 02:10.58 | 02:06.90 | 612 | |
| | 7 | Bartyzel | Michał | 1984-03-22 | NIEZRZESZONY | POL | 02:14.20 | 02:10.42 | 539 | |
| | 8 | Mrówka | Michał | 1984-10-19 | Gdańsk | POL | 02:17.19 | 02:13.32 | 482 | |
| | 9 | Śliwa | Krzysztof | 1985-10-05 | KS Lemiesz Team W | POL | 02:18.26 | 02:14.36 | 462 | |
| | 10 | Łaz | Kamil | 1983-07-30 | wtlenie.pl | POL | 02:20.18 | 02:16.23 | 428 | |
| | 11 | Kaliszewski | Karol | 1984-10-01 | #NoLimits | POL | 02:20.35 | 02:16.39 | 425 | |
| | 12 | Rysiewski | Robert | 1984-01-02 | SKL FILIPPIDES | POL | 02:26.64 | 02:22.50 | 323 | |
| | 13 | Hoffmann | Daniel | 1981-09-29 | KS Sokół Zblewo | POL | 02:29.96 | 02:25.73 | 275 | |
| | 14 | Plejznerowski | Marcin | 1982-10-13 | Akademia Sportu Ot | POL | 02:30.11 | 02:25.88 | 272 | |
| | - | Jagięto | Michał | 1986-02-13 | Lkb Rudnik | POL | DNS | DNS | 0 | |
| | - | Majewski | Michał | 1984-07-20 | Spin Force Runners | POL | DNS | DNS | 0 | |
| | - | Pałka | Piotr | 1984-01-20 | CKS Budowlani Częst | POL | DNS | DNS | 0 | |
| | - | Sobas | Jacek | 1985-06-11 | MKS Siechnice | POL | DNS | DNS | 0 | |
| | - | Wieteck | Łukasz | 1984-07-29 | AZS Poznań | POL | DNS | DNS | 0 | |
| [M40] | | | | | | | | | | |
| | 1 | Nagórek | Marcin | 1980-10-05 | Słupsk | POL | 02:01.82 | 01:54.38 | 910 | RHMP |
| | 2 | Kujawski | Grzegorz | 1978-03-19 | Puck | POL | 02:06.88 | 01:59.13 | 790 | |
| | 3 | Sosnowski | Krzysztof | 1979-11-10 | CWZS Zawisza Bydgc | POL | 02:08.91 | 02:01.03 | 744 | |
| | 4 | Armaos | Ioulios | 1977-04-04 | Dias Athinas | GRC | 02:10.73 | 02:02.74 | 704 | |
| | 5 | Sekieta | Radosław | 1976-04-13 | MLUKS Rawa Mazov | POL | 02:10.73 | 02:02.74 | 704 | |
| | 6 | Kaszubiak | Klaudiusz | 1979-09-04 | Koszalin | POL | 02:13.34 | 02:05.19 | 649 | |
| | 7 | Końkowski | Rafał | 1977-08-12 | Schulo Team Działdc | POL | 02:14.36 | 02:06.15 | 628 | |
| | 8 | Salewski | Jan | 1980-08-29 | Kujawscy Runners | POL | 02:16.44 | 02:08.10 | 586 | |
| | 9 | Żmuda | Tomasz | 1976-09-09 | CW FANZA Kołobrze | POL | 02:17.19 | 02:08.81 | 571 | |
| | 10 | Sroka | Mirosław | 1978-04-08 | Niepołomice Biegaja | POL | 02:22.70 | 02:13.98 | 469 | |
| | 11 | Grobelny | Tomasz | 1981-02-26 | SKL FILIPPIDES | POL | 02:36.28 | 02:26.73 | 260 | |
| | 12 | Niedbał | Adam | 1976-06-26 | Siewierz | POL | 02:40.06 | 02:30.28 | 213 | |

| | | | | | | | | | | |
|--|-------|-------------|-----------|------------|---------------------|-----|----------|----------|-----|------|
| | 13 | Cup | Krzysztof | 1980-07-15 | AZS AWF KRAKÓW M | POL | 02:46.30 | 02:36.14 | 145 | |
| | - | Artan | Qose | 1980-03-03 | Sevas Naoussas | GRC | DNS | DNS | 0 | |
| | - | Karcz | Artur | 1979-03-09 | UKS Ekonomik Mara | POL | DNS | DNS | 0 | |
| | - | Kobiałka | Konrad | 1978-01-08 | KS Lemiesz Team | POL | DNS | DNS | 0 | |
| | - | Piotraschke | Paweł | 1979-11-08 | AML Słupsk | POL | DNS | DNS | 0 | |
| | [M45] | | | | | | | | | |
| | 1 | Dziuba | Bogdan | 1974-03-30 | SKB Stalowa Wola | POL | 02:06.67 | 01:54.71 | 901 | |
| | 2 | Nowak | Rafał | 1975-04-26 | Częstochowa | POL | 02:08.08 | 01:55.99 | 868 | |
| | 3 | Jastrzębski | Krzysztof | 1972-05-16 | Grudziądz 1972 | POL | 02:18.84 | 02:05.73 | 637 | |
| | 4 | Duczyński | Maciej | 1975-11-02 | Lemiesz Team | POL | 02:19.74 | 02:06.55 | 619 | |
| | 5 | Ulidowski | Andrzej | 1971-11-14 | Kraków | POL | 02:20.22 | 02:06.98 | 610 | |
| | 6 | Piniewski | Robert | 1973-09-09 | Pszczółkowski Team | POL | 02:27.08 | 02:13.20 | 484 | |
| | 7 | Jagięła | Jarosław | 1972-01-23 | TKKF Kolejarz Bydgo | POL | 02:27.93 | 02:13.97 | 470 | |
| | 8 | Wyrobiec | Grzegorz | 1972-06-10 | JKLA Jawor | POL | 02:32.71 | 02:18.29 | 392 | |
| | 9 | Halambouski | Uladzimir | 1971-03-18 | Minsk | BLR | 02:34.00 | 02:19.46 | 372 | |
| | 10 | Biedrzycki | Krzysztof | 1971-06-13 | Sztorm | POL | 02:34.84 | 02:20.22 | 359 | |
| | - | Celiński | Robert | 1973-01-30 | AZS AWF Warszawa | POL | DNS | DNS | 0 | |
| | - | Knychas | Darek | 1973-03-02 | PZU Sport Team | POL | DNS | DNS | 0 | |
| | - | Lipiec | Tomasz | 1971-05-10 | Warszawa | POL | DNS | DNS | 0 | |
| | - | Pawłowski | Mariusz | 1976-01-25 | KS Kurzętnik Biega | POL | DNS | DNS | 0 | |
| | - | Piotrowski | Andrzej | 1973-05-07 | Warszawa | POL | DNS | DNS | 0 | |
| | - | Sobczak | Sebastian | 1975-06-11 | Team Draczyński | POL | DNS | DNS | 0 | |
| | - | Zienkiewicz | Piotr | 1974-06-19 | Młynary | POL | DNS | DNS | 0 | |
| | [M50] | | | | | | | | | |
| | 1 | Nowakowski | Jacek | 1966-12-04 | Warszawa | POL | 02:19.27 | 02:01.39 | 736 | |
| | 2 | Wojnach | Andrzej | 1970-11-24 | 79minut po pięćdzie | POL | 02:21.09 | 02:02.97 | 699 | |
| | 3 | Guzowski | Dariusz | 1969-07-15 | Talex Borzytuchom | POL | 02:22.27 | 02:04.00 | 676 | |
| | 4 | Pick | Tomek | 1970-09-09 | Korona Szczecin | POL | 02:23.72 | 02:05.27 | 647 | |
| | 5 | Wiśniewski | Tomasz | 1969-10-14 | Lublin | POL | 02:25.51 | 02:06.83 | 613 | |
| | 6 | Patalon | Adam | 1968-09-06 | Kurzętnik Biega | POL | 02:32.81 | 02:13.19 | 484 | |
| | - | Czerwoński | Artur | 1968-05-21 | Łomianki | POL | DNS | DNS | 0 | |
| | - | Grewiński | Tomasz | 1969-08-18 | Lipiec Running Team | POL | DNS | DNS | 0 | |
| | - | Zalasa | Wojciech | 1968-03-25 | Łódź Kocha Sport | POL | DNS | DNS | 0 | |
| | [M55] | | | | | | | | | |
| | 1 | Myśliwiec | Jan | 1965-05-24 | Ślemień | POL | 02:19.26 | 01:56.49 | 855 | RHMP |
| | 2 | Gajda | Robert | 1963-11-30 | Pułtusk | POL | 02:20.67 | 01:57.67 | 826 | |
| | 3 | Żebrowski | Piotr | 1964-10-08 | Wejherowo | POL | 02:25.43 | 02:01.65 | 729 | |
| | 4 | Bartkowski | Zbigniew | 1964-04-20 | Heinz Glas Działdow | POL | 02:29.58 | 02:05.12 | 651 | |
| | 5 | Maj | Tadeusz | 1963-01-12 | Kraków | POL | 02:33.85 | 02:08.70 | 574 | |
| | 6 | Tomczak | Henryk | 1962-03-22 | Wrocław | POL | 02:52.05 | 02:23.92 | 301 | |
| | - | Kasprzak | Ireneusz | 1962-03-31 | Wrocław | POL | DNS | DNS | 0 | |
| | - | Krupitsa | Jerzy | 1963-07-18 | Białystok | POL | DNS | DNS | 0 | |
| | - | Opajdowski | Dariusz | 1962-02-04 | Gromadka | POL | DNS | DNS | 0 | |
| | [M60] | | | | | | | | | |
| | 1 | Cząstka | Jan | 1958-06-19 | Ujkowice | POL | 02:25.49 | 01:56.36 | 859 | |
| | 2 | Barański | Bogusław | 1958-03-14 | MLUKS Trzebiatów | POL | 02:34.81 | 02:03.82 | 680 | |
| | 3 | Łańcucki | Stanisław | 1958-03-01 | SKB Stalowa Wola | POL | 02:42.55 | 02:10.01 | 547 | |
| | 4 | Kamola | Kazimierz | 1960-03-11 | Puławy | POL | 02:44.40 | 02:11.49 | 517 | |
| | 5 | Nagórek | Krzysztof | 1957-11-01 | Słupsk | POL | 02:45.43 | 02:12.31 | 501 | |
| | 6 | Nowocień | Jacek | 1959-01-02 | UCZNIOWSKI KLUB S | POL | 02:47.11 | 02:13.65 | 476 | |
| | 7 | Grzywacz | Stanisław | 1960-12-28 | Małe Swornegacie | POL | 03:03.56 | 02:26.81 | 259 | |
| | - | Cichy | Marek | 1958-12-18 | Lublin | POL | DNS | DNS | 0 | |
| | - | Majkowski | Stanisław | 1956-12-17 | KB GOCH Bytów | POL | DNS | DNS | 0 | |
| | [M65] | | | | | | | | | |

| | | | | | | | | | | |
|------------|---|-----------------|-------------|------------|----------------------|-----|----------|----------|-----|------|
| | 1 | Macioł | Andrzej | 1954-12-22 | Kraków | POL | 02:35.02 | 01:57.95 | 819 | RHMP |
| | 2 | Szysler | Andrzej | 1955-10-09 | Susz | POL | 02:58.93 | 02:16.15 | 429 | |
| | 3 | Marcinkiewicz | Tadeusz | 1953-07-16 | Masters Wroclaw | POL | 03:07.23 | 02:22.46 | 324 | |
| | 4 | Lenc | Janusz | 1953-10-21 | TKKF Kolejarz Bydgo | POL | 04:45.92 | 03:37.56 | 0 | |
| [M70] | | | | | | | | | | |
| | 1 | Leśniak | Marian | 1947-11-10 | AZS AWF KRAKÓW M | POL | 03:05.47 | 02:13.37 | 481 | |
| | 2 | Szymański | Adam | 1949-04-27 | Stalowa Wola | POL | 03:10.85 | 02:17.24 | 410 | |
| | 3 | Hoffmann | Zygfryd | 1951-01-26 | Stargard | POL | 03:11.42 | 02:17.65 | 403 | |
| | 4 | Gołębiowski | Edward | 1950-03-14 | Pobiedziska | POL | 03:17.69 | 02:22.16 | 328 | |
| | 5 | Leśniewski | Jan | 1948-04-04 | El Aktywni | POL | 03:25.64 | 02:27.88 | 244 | |
| | 6 | Paluszak | Tadeusz | 1950-02-19 | Elbląg | POL | 03:26.08 | 02:28.19 | 240 | |
| | 7 | Lewandowski | Tadeusz | 1949-02-10 | WKB Piast | POL | 03:32.97 | 02:33.15 | 178 | |
| | - | Dziekoński | Tadeusz | 1950-08-29 | Białystok | POL | DNS | DNS | 0 | |
| [M75] | | | | | | | | | | |
| | 1 | Wyganowski | Andrzej | 1945-04-03 | Wygan Kołobrzeg | POL | 03:22.33 | 02:16.29 | 427 | |
| | 2 | Liban | Zygfryd | 1943-12-04 | Biegający Tczew | POL | 03:29.73 | 02:21.27 | 342 | |
| | 3 | Sowiński | Edmund | 1942-02-25 | TKKF Płock | POL | 03:57.14 | 02:39.74 | 110 | |
| | 4 | Szymański | Jerzy | 1944-03-08 | Kurzętnik | POL | 04:39.73 | 03:08.43 | 0 | |
| [M80] | | | | | | | | | | |
| | 1 | Głowacki | Włodzimierz | 1938-05-05 | Koszalin | POL | 03:40.41 | 02:17.38 | 408 | RHMP |
| | 2 | Angiel | Władysław | 1937-02-18 | TKKF Kolejarz Bydgo | POL | 04:36.16 | 02:52.13 | 26 | |
| | 3 | Czacharowski | Bogdan | 1941-02-06 | Grójec | POL | 07:00.01 | 04:21.79 | 0 | |
| [pk] | | | | | | | | | | |
| | 1 | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | 02:16.08 | 02:16.08 | 431 | |
| | 2 | Musiak | Kacper | 2001-07-10 | Sprinterzy.com | POL | 02:22.35 | 02:22.35 | 325 | |
| | 3 | Smoczyk | Grzegorz | 1988-02-08 | sportzpaurem.pl | POL | 02:30.63 | 02:30.63 | 209 | |
| skok w dal | | | | | | | | | | |
| [K35] | | | | | | | | | | |
| | 1 | Sękowska | Katarzyna | 1982-03-27 | Lider Grodzisk. Maz. | POL | 4,02 | 4,32 | 581 | |
| | 2 | Świtaj | Aneta | 1983-02-25 | Częstochowa | POL | 3,74 | 4,02 | 513 | |
| | 3 | Adamczewska | Magdalena | 1982-10-24 | biegidkadzieci.pl | POL | 3,21 | 3,45 | 386 | |
| | 4 | Górecka-Mitoraj | Justyna | 1982-07-05 | Przyjaciele w biegu | POL | 3,1 | 3,33 | 359 | |
| | - | Binkiewicz | Katarzyna | 1981-11-24 | Mysiadło | POL | DNS | DNS | 0 | |
| [K45] | | | | | | | | | | |
| | 1 | Szykulska | Renata | 1974-08-17 | LKS Polkowice | POL | 4,91 | 6,1 | 991 | |
| | 2 | Krysztosiak | Katarzyna | 1973-09-08 | AZS Warszawa | POL | 4,5 | 5,59 | 872 | |
| | 3 | Zboińska | Agnieszka | 1972-06-24 | Koszalin | POL | 3,6 | 4,47 | 615 | |
| | - | Berankova | Martina | 1971-03-29 | SK Kotlarka | CZE | DNS | DNS | 0 | |
| | - | Pełka-Witt | Jolanta | 1976-03-03 | Rozgarty | POL | DNS | DNS | 0 | |
| [K50] | | | | | | | | | | |
| | 1 | Bogucka | Bożena | 1970-11-25 | Wrocław | POL | 4,02 | 5,36 | 819 | |
| [K55] | | | | | | | | | | |
| | 1 | Shevchenko | Olena | 1966-03-02 | Dnipro | BLR | 3,63 | 5,21 | 784 | |
| [K60] | | | | | | | | | | |
| | 1 | Molska | Urszula | 1959-03-09 | Rybnik | POL | 3,22 | 4,96 | 727 | |
| [K65] | | | | | | | | | | |
| | 1 | Bartosik | Ewa | 1951-03-15 | Ostrołęka | POL | 3,57 | 5,92 | 949 | |
| | 2 | Ślęzak | Halina | 1955-03-17 | Bliżyn | POL | 3,17 | 5,25 | 793 | |
| [M35] | | | | | | | | | | |
| | 1 | Znyk | Stanisław | 1984-10-11 | UKS GOK Zduny | POL | 5,85 | 6,16 | 743 | |
| | 2 | Tęcza | Damian | 1985-04-24 | Szubin | POL | 5,8 | 6,11 | 733 | |
| | 3 | Cuber | Wojciech | 1982-05-12 | Złotów | POL | 4,25 | 4,48 | 405 | |
| | - | Korpak | Łukasz | 1984-02-20 | Biegoholicy Toruń | POL | DNS | DNS | 0 | |
| | - | Nawrocki | Mariusz | 1982-02-17 | Team Pasja Inowroc | POL | DNS | DNS | 0 | |

| | | | | | | | | | | |
|-------|---|-------------|-------------|------------|----------------------|-----|------|------|------|------|
| | - | Wierzbicki | Jacek | 1983-01-11 | Bytom | POL | DNS | DNS | 0 | |
| [M40] | 1 | Olszewski | Adrian | 1978-07-28 | MKS Piast Głogów | POL | 6,73 | 7,58 | 1037 | |
| | 2 | Sobora | Łukasz | 1978-11-23 | Poznań | POL | 6,48 | 7,3 | 979 | |
| | 3 | Dimitrios | Apostolidis | 1978-02-11 | Sevas Naoussas | GRC | 5,43 | 6,12 | 735 | |
| | 4 | Patyna | Tomasz | 1978-05-11 | Sępólno Krajeńskie | POL | 5,2 | 5,86 | 682 | |
| | 5 | Habich | Paweł | 1977-06-23 | Szprotawa | POL | 5,16 | 5,81 | 672 | |
| | - | Chuchra | Piotr | 1976-07-14 | Toruń | POL | DNS | DNS | 0 | |
| | - | Kinal | Grzegorz | 1981-01-06 | Wrocław | POL | DNS | DNS | 0 | |
| | - | Krukowski | Maciej | 1976-03-23 | GLKS Dobrcz | POL | DNS | DNS | 0 | |
| | - | Ozimiński | Rafał | 1977-04-05 | Włocławek | POL | DNS | DNS | 0 | |
| | - | Suski | Grzegorz | 1978-02-11 | Koszalin | POL | DNS | DNS | 0 | |
| [M45] | 1 | Zatorski | Kazimierz | 1972-04-26 | Warka | POL | 5,8 | 6,99 | 914 | |
| | 2 | Szewera | Paweł | 1973-01-25 | Mirków | POL | 5,43 | 6,54 | 821 | |
| | 3 | Sierant | Oskar | 1975-08-16 | UKS Czapla | POL | 5,15 | 6,21 | 754 | |
| | 4 | Prokopiuk | Robert | 1975-03-25 | UKS OTRĘBUSY | POL | 4,88 | 5,88 | 686 | |
| | 5 | Żuk | Paweł | 1975-03-01 | UKS TECHNIK RADOI | POL | 4,19 | 5,05 | 519 | |
| | 6 | Góra | Sylwester | 1974-09-08 | Okonek | POL | 3,16 | 3,81 | 273 | |
| | - | Narloch | Adam | 1971-12-24 | Łąg | POL | DNS | DNS | 0 | |
| | - | Redzimski | Wojciech | 1975-12-18 | GKS Żukowo | POL | DNS | DNS | 0 | |
| [M50] | 1 | Wideł | Marek | 1968-01-26 | Nowy Sącz | POL | 5,41 | 6,97 | 910 | |
| | 2 | Kreihls | Witold | 1970-05-03 | Tychy | POL | 5,06 | 6,52 | 817 | |
| | 3 | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 4,86 | 6,26 | 764 | |
| | 4 | Olszewski | Marek | 1969-03-22 | Lidzbark Warmiński | POL | 4,57 | 5,89 | 688 | |
| | 5 | Kubarski | Julian | 1971-01-22 | TKKF Kolejarz Bydgo | POL | 4,23 | 5,45 | 599 | |
| | 6 | Jurek | Paweł | 1966-06-05 | Warszawa | POL | 4,19 | 5,4 | 589 | |
| | 7 | Gronkiewicz | Marek | 1967-07-20 | Lider Grodzisk. Maz. | POL | 3,53 | 4,55 | 419 | |
| [M55] | 1 | Krakowiak | Dariusz | 1963-01-31 | Sępólno Krajeńskie | POL | 5,54 | 7,64 | 1050 | |
| | 2 | Molski | Stefan | 1962-08-05 | Rybnik | POL | 4,84 | 6,67 | 848 | |
| | 3 | Zajchowski | Marek | 1963-03-02 | ULKS Technik Trzcini | POL | 4,44 | 6,12 | 735 | |
| | - | Szczerba | Mirosław | 1963-11-17 | PKWLA | POL | DNS | DNS | 0 | |
| [M60] | 1 | Musiak | Wiesław | 1957-10-20 | Śrem | POL | 5,52 | 8,14 | 1155 | HRP |
| | 2 | Chmielewski | Stanisław | 1959-07-02 | Warszawa | POL | 5,28 | 7,79 | 1082 | |
| | 3 | Gidziński | Krzysztof | 1959-01-17 | AZS AWF Kraków | POL | 4,55 | 6,71 | 856 | |
| | 4 | Nowocień | Jacek | 1959-01-02 | UCZNIOWSKI KLUB S | POL | 3,55 | 5,23 | 555 | |
| | - | Fedjushin | Valeri | 1960-09-11 | Tallin | EST | DNS | DNS | 0 | |
| | - | Rojewski | Wojciech | 1961-01-01 | Włocławek | POL | DNS | DNS | 0 | |
| [M65] | 1 | Grzyb | Marek | 1955-03-27 | W-MKLA Masters Ol | POL | 5,07 | 8 | 1126 | |
| | 2 | Jaworski | Leszek | 1955-08-10 | Koszalin | POL | 4,44 | 7 | 916 | |
| | 3 | Drąg | Sławomir | 1951-08-03 | Wrocław | POL | 4,05 | 6,39 | 790 | |
| | 4 | Kowalik | Zbigniew | 1953-02-17 | Gliwice | POL | 3,92 | 6,18 | 747 | |
| | 5 | Volkotrub | Oleksandr | 1953-01-20 | Lwów | UKR | 3,62 | 5,71 | 652 | |
| | - | Tomczak | Jan | 1952-12-27 | Jarocin | POL | DNS | DNS | 0 | |
| [M70] | 1 | Hoffmann | Zygfryd | 1951-01-26 | Stargard | POL | 4,34 | 7,32 | 983 | RHMP |
| | 2 | Zrobczyński | Grzegorz | 1950-01-22 | Rudnica | POL | 4,33 | 7,31 | 981 | |
| | 3 | Lorenz | Sylwester | 1950-12-11 | AZS Poznań | POL | 4,27 | 7,2 | 958 | |
| | 4 | Pełka | Julian | 1951-01-07 | Toruń | POL | 4,1 | 6,92 | 900 | |
| | 5 | Popławski | Janusz | 1948-08-30 | Radom | POL | 3,84 | 6,48 | 809 | |

| | | | | | | | | | | |
|------------|---|------------------|-------------|------------|----------------------|-----|------|------|------|-----|
| | - | Łuczak | Jerzy | 1950-07-11 | Łódź | POL | NM | NM | 0 | |
| [M75] | 1 | Burdzy | Mieczysław | 1946-02-01 | Stargard | POL | 3,31 | 5,97 | 705 | |
| | 2 | Okoński | Czesław | 1941-07-08 | Gliwice | POL | 3,13 | 5,65 | 639 | |
| | 3 | Greniuch | Zbigniew | 1946-01-01 | Kozłów | POL | 3,1 | 5,59 | 627 | |
| [M80] | - | Frąckowiak | Jan | 1939-06-21 | Bydgoszcz | POL | DNS | DNS | 0 | |
| | - | Pardela | Mirosław | 1938-03-23 | Skarżysko-Kamienna | POL | DNS | DNS | 0 | |
| [pk] | 1 | Wierzbicki | Bartłomiej | 1994-08-25 | Tarnów | POL | 6,31 | 6,31 | 774 | |
| | 2 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 6,28 | 6,28 | 768 | |
| | 3 | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | 5,62 | 5,62 | 633 | |
| skok wzwyż | | | | | | | | | | |
| [K35] | - | Binkiewicz | Katarzyna | 1981-11-24 | Mysiadło | POL | DNS | DNS | 0 | |
| [K40] | 1 | Pasińska-Skowron | Sylwia | 1977-10-13 | Pruszyński Sport Tea | POL | 1,17 | 1,34 | 497 | |
| | - | Szczepanska | Magdalena | 1980-01-25 | Gdansk | POL | DNS | DNS | 0 | |
| [K50] | 1 | Bogucka | Bożena | 1970-11-25 | Wrocław | POL | 1,45 | 1,88 | 1075 | |
| [K55] | 1 | Sambor | Elżbieta | 1965-01-13 | Elbląg | POL | 1,22 | 1,68 | 858 | |
| [K60] | 1 | Kielan | Urszula | 1960-10-10 | Warszawa | POL | 1,37 | 2,01 | 1218 | HRP |
| [K65] | 1 | Ślęzak | Halina | 1955-03-17 | Bliżyn | POL | 1,12 | 1,75 | 933 | HRP |
| | 2 | Stępniewska | Czesława | 1954-07-20 | Skarżysko-Kamienna | POL | 0,92 | 1,44 | 602 | |
| [M35] | 1 | Hałas | Marcin | 1984-07-06 | Czechowice-Dziedzic | POL | 1,17 | 1,25 | 166 | |
| | - | Milewski | Bartosz | 1981-06-17 | Środa Wlkp | POL | DNS | DNS | 0 | |
| [M40] | 1 | Pólkowski | Marcin | 1979-01-21 | Bełchatów | POL | 1,72 | 1,94 | 808 | |
| | 2 | Ratajczyk | Krzysztof | 1978-06-10 | Szczecin | POL | 1,67 | 1,89 | 760 | |
| | 3 | Romanowski | Łukasz | 1981-02-03 | WKS Wawel | POL | 1,67 | 1,89 | 760 | |
| [M45] | 1 | Szewera | Paweł | 1973-01-25 | Mirków | POL | 1,67 | 1,99 | 856 | |
| | 2 | Prokopiuk | Robert | 1975-03-25 | UKS OTRĘBUSY | POL | 1,57 | 1,87 | 741 | |
| | 3 | Mańka | Robert | 1971-06-17 | Wrocław | POL | 1,52 | 1,81 | 684 | |
| | 4 | Żuk | Paweł | 1975-03-01 | UKS TECHNIK RADOI | POL | 1,42 | 1,69 | 571 | |
| | - | Buczkowski | Krzysztof | 1976-01-03 | Płock | POL | DNS | DNS | 0 | |
| [M50] | 1 | Lemiasheuski | Aliaksandr | 1969-07-01 | Pinsk | BLR | 1,73 | 2,17 | 1030 | |
| | 2 | Zawada | Sławomir | 1968-02-18 | Dobre Miasto | POL | 1,67 | 2,1 | 962 | |
| | 3 | Mirecki | Dariusz | 1968-11-24 | Wschowa | POL | 1,42 | 1,78 | 656 | |
| | 4 | Listowski | Andrzej | 1968-09-26 | Bielsko-Biała | POL | 1,32 | 1,66 | 543 | |
| [M55] | 1 | Markiewicz | Jan | 1965-11-23 | Brodnica | POL | 1,52 | 2,01 | 875 | |
| | 2 | Fiuk | Mirosław | 1964-09-10 | Działdowo | POL | 1,47 | 1,95 | 817 | |
| | 3 | Foryś | Włodzimierz | 1962-04-18 | ULKS Technik Trzcini | POL | 1,32 | 1,75 | 627 | |
| | - | Wendicki | Dariusz | 1964-08-30 | Warszawa | POL | DNS | DNS | 0 | |
| [M60] | 1 | Soboń | Roman | 1956-09-13 | Szczecin | POL | 1,55 | 2,16 | 1020 | |
| | 2 | Gidziński | Krzysztof | 1959-01-17 | AZS AWF Kraków | POL | 1,42 | 1,98 | 846 | |
| | 3 | Bejster | Przemysław | 1958-06-21 | MKL | POL | 1,37 | 1,91 | 779 | |

| | | | | | | | | | | |
|----------|---|-------------|-------------|------------|--------------------|-----|-------|-------|------|------|
| | 4 | Stecula | Leszek | 1961-03-11 | Bytom | POL | 1,32 | 1,84 | 713 | |
| | - | Fedjushin | Valeri | 1960-09-11 | Tallin | EST | DNS | DNS | 0 | |
| | - | Nowicki | Przemyslaw | 1958-03-22 | Poznań | POL | DNS | DNS | 0 | |
| | - | Zielke | Dariusz | 1960-10-21 | Gdańsk | POL | DNS | DNS | 0 | |
| [M65] | | | | | | | | | | |
| | 1 | Bednarski | Dariusz | 1954-04-23 | Płock | POL | 1,52 | 2,24 | 1098 | RHMP |
| | 2 | Drąg | Sławomir | 1951-08-03 | Wrocław | POL | 1,42 | 2,09 | 952 | |
| | 3 | Songin | Tadeusz | 1953-07-27 | Soleczniki | LTU | 1,32 | 1,94 | 808 | |
| | 4 | Olszowy | Andrzej | 1952-12-13 | Sopot | POL | 1,32 | 1,94 | 808 | |
| | - | Suski | Jan | 1953-08-27 | Koszalin | POL | DNS | DNS | 0 | |
| [M70] | | | | | | | | | | |
| | 1 | Mielcarek | Marek | 1948-12-27 | Bydgoszcz | POL | 1,38 | 2,14 | 1001 | |
| | 2 | Łuczak | Jerzy | 1950-07-11 | Łódź | POL | 1,35 | 2,09 | 952 | |
| | 3 | Pełka | Julian | 1951-01-07 | Toruń | POL | 1,27 | 1,97 | 837 | |
| | 4 | Herzog | Adam | 1948-04-26 | Zielona Góra | POL | 1,07 | 1,66 | 543 | |
| | - | Michalski | Zygmunt | 1950-02-01 | Poznań | POL | DNS | DNS | 0 | |
| [M75] | | | | | | | | | | |
| | 1 | Okoński | Czesław | 1941-07-08 | Gliwice | POL | 1,12 | 1,83 | 703 | |
| | 2 | Włodarczyk | Zdzisław | 1941-04-16 | Suchedniów | POL | 1,07 | 1,75 | 627 | |
| [M80] | | | | | | | | | | |
| | 1 | Mirkowski | Grzegorz | 1939-01-27 | Skarżysko-Kamienna | POL | 0,92 | 1,59 | 478 | |
| | - | Pardela | Mirosław | 1938-03-23 | Skarżysko-Kamienna | POL | NM | NM | 0 | |
| [pk] | | | | | | | | | | |
| | 1 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 1,78 | 1,78 | 656 | |
| trójskok | | | | | | | | | | |
| [K45] | | | | | | | | | | |
| | 1 | Szykulska | Renata | 1974-08-17 | LKS Polkowice | POL | 10,88 | 13,12 | 1009 | HRP |
| [K55] | | | | | | | | | | |
| | 1 | Sambor | Elżbieta | 1965-01-13 | Elbląg | POL | 8,15 | 11,54 | 829 | |
| [K60] | | | | | | | | | | |
| | 1 | Kielan | Urszula | 1960-10-10 | Warszawa | POL | 8,36 | 12,83 | 975 | |
| [K65] | | | | | | | | | | |
| | 1 | Bartosik | Ewa | 1951-03-15 | Ostrołęka | POL | 7,82 | 13,01 | 996 | |
| [M35] | | | | | | | | | | |
| | 1 | Tęcza | Damian | 1985-04-24 | Szubin | POL | 11,89 | 11,92 | 615 | |
| | 2 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 10,55 | 10,58 | 477 | |
| | 3 | Witkowski | Bartosz | 1985-01-25 | www.ostroleka.pl | POL | 10,09 | 10,12 | 430 | |
| | - | Wierzbiccki | Jacek | 1983-01-11 | Bytom | POL | DNS | DNS | 0 | |
| [M40] | | | | | | | | | | |
| | 1 | Olszewski | Adrian | 1978-07-28 | MKS Piast Głogów | POL | 13,65 | 14,72 | 910 | |
| | 2 | Sobora | Łukasz | 1978-11-23 | Poznań | POL | 13,58 | 14,64 | 901 | |
| | 3 | Suski | Grzegorz | 1978-02-11 | Koszalin | POL | 11,85 | 12,78 | 705 | |
| | 4 | Habich | Paweł | 1977-06-23 | Szprotawa | POL | 11,52 | 12,42 | 667 | |
| | 5 | Dimitrios | Apostolidis | 1978-02-11 | Sevas Naoussas | GRC | 10,14 | 10,93 | 513 | |
| | 6 | Ściubeł | Marcin | 1976-03-16 | RKS Łódź | POL | 9,9 | 10,67 | 486 | |
| | - | Chuchra | Piotr | 1976-07-14 | Toruń | POL | DNS | DNS | 0 | |
| | - | Ozimiński | Rafał | 1977-04-05 | Włocławek | POL | DNS | DNS | 0 | |
| [M45] | | | | | | | | | | |
| | 1 | Zatorski | Kazimierz | 1972-04-26 | Warka | POL | 11,45 | 13,27 | 756 | |
| | 2 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 7,68 | 8,9 | 306 | |
| | - | Narloch | Adam | 1971-12-24 | Łąg | POL | DNS | DNS | 0 | |
| [M50] | | | | | | | | | | |
| | 1 | Zawada | Sławomir | 1968-02-18 | Dobre Miasto | POL | 11,81 | 14,71 | 909 | |
| | 2 | Kreihś | Witold | 1970-05-03 | Tychy | POL | 9,85 | 12,27 | 652 | |

| | | | | | | | | | | |
|----------------|---------|-------------|-------------|------------|----------------------|-----|-------|-------|------|------|
| | 3 | Kubarski | Julian | 1971-01-22 | TKKF Kolejarz Bydgo | POL | 8,42 | 10,49 | 468 | |
| [M55] | | | | | | | | | | |
| | 1 | Markiewicz | Jan | 1965-11-23 | Brodnica | POL | 9,81 | 13,14 | 743 | |
| | 2 | Zajchowski | Marek | 1963-03-02 | ULKS Technik Trzcini | POL | 9,8 | 13,12 | 741 | |
| | 3 | Molski | Stefan | 1962-08-05 | Rybnik | POL | 9,64 | 12,91 | 719 | |
| [M60] | | | | | | | | | | |
| | 1 | Chmielewski | Stanisław | 1959-07-02 | Warszawa | POL | 11,3 | 16,26 | 1075 | |
| | 2 | Musiał | Wiesław | 1957-10-20 | Śrem | POL | 11,25 | 16,19 | 1068 | |
| | 3 | Gidziński | Krzysztof | 1959-01-17 | AZS AWF Kraków | POL | 10,36 | 14,91 | 930 | |
| | - | Fedjushin | Valeri | 1960-09-11 | Tallin | EST | DNS | DNS | 0 | |
| | - | Rojewski | Wojciech | 1961-01-01 | Włocławek | POL | DNS | DNS | 0 | |
| [M65] | | | | | | | | | | |
| | 1 | Drąg | Sławomir | 1951-08-03 | Wrocław | POL | 9,33 | 14,43 | 879 | |
| | 2 | Dobrzyński | Marek | 1951-05-12 | Gliwice | POL | 8,25 | 12,76 | 703 | |
| | 3 | Kowalik | Zbigniew | 1953-02-17 | Gliwice | POL | 7,78 | 12,04 | 628 | |
| | - | Suski | Jan | 1953-08-27 | Koszalin | POL | DNS | DNS | 0 | |
| [M70] | | | | | | | | | | |
| | 1 | Adamczewski | Ryszard | 1948-01-14 | Szubin | POL | 9,25 | 15,38 | 980 | |
| | 2 | Łuczak | Jerzy | 1950-07-11 | Łódź | POL | 9,03 | 15,02 | 942 | |
| | 3 | Zrobczyński | Grzegorz | 1950-01-22 | Rudnica | POL | 8,85 | 14,72 | 910 | |
| | - | Kmiecik | Stanislaw | 1949-01-31 | AZS Poanań | POL | DNS | DNS | 0 | |
| [M75] | | | | | | | | | | |
| | 1 | Greniuch | Zbigniew | 1946-01-01 | Kozłów | POL | 6,61 | 11,82 | 605 | |
| | - | Tobias | Hubert | 1943-01-17 | SKWLA | POL | DNS | DNS | 0 | |
| [M80] | | | | | | | | | | |
| | - | Pardela | Mirosław | 1938-03-23 | Skarżysko-Kamienna | POL | DNS | DNS | 0 | |
| [pk] | | | | | | | | | | |
| | 1 | Wierzbicki | Bartłomiej | 1994-08-25 | Tarnów | POL | 12,8 | 12,8 | 707 | |
| skok o tyczce | | | | | | | | | | |
| [M35] | | | | | | | | | | |
| | 1 | Czerniak | Przemysław | 1984-03-27 | Poznań | POL | 4,6 | 4,93 | 937 | RHMP |
| [M40] | | | | | | | | | | |
| | 1 | Grelewicz | Arkadiusz | 1977-03-15 | Flota Gdynia | POL | 3,6 | 4,14 | 715 | |
| [M50] | | | | | | | | | | |
| | 1 | Pietrak | Grzegorz | 1969-09-21 | KS AZS-AWF Warszawa | POL | 2,5 | 3,31 | 487 | |
| [M55] | | | | | | | | | | |
| | 1 | Foryś | Włodzimierz | 1962-04-18 | ULKS Technik Trzcini | POL | 2,1 | 2,98 | 397 | |
| | - | Wendicki | Dariusz | 1964-08-30 | Warszawa | POL | DNS | DNS | 0 | |
| [M60] | | | | | | | | | | |
| | - | Stecula | Leszek | 1961-03-11 | Bytom | POL | NM | NM | 0 | |
| [M65] | | | | | | | | | | |
| | 1 | Suława | Marian | 1951-03-18 | Szczecin | POL | 2,1 | 3,42 | 517 | |
| | 2 | Songin | Tadeusz | 1953-07-27 | Soleczniki | LTU | 1,9 | 3,1 | 430 | |
| | - | Muszyński | Andrzej | 1951-04-09 | Ostrów Wlkp. | POL | DNS | DNS | 0 | |
| [M70] | | | | | | | | | | |
| | 1 | Krawczuk | Jan | 1950-09-20 | Dąbki | POL | 2,3 | 4,02 | 682 | |
| | 2 | Herzog | Adam | 1948-04-26 | Zielona Góra | POL | 2 | 3,5 | 539 | |
| | 3 | Popławski | Janusz | 1948-08-30 | Radom | POL | 1,8 | 3,15 | 443 | |
| | - | Michalski | Zygmunt | 1950-02-01 | Poznań | POL | DNS | DNS | 0 | |
| [M80] | | | | | | | | | | |
| | 1 | Korolko | Edward | 1940-10-13 | Toruń | POL | 2 | 4,02 | 682 | HRP |
| pchnięcie kulą | | | | | | | | | | |
| [K35] | 4,00 kg | | | | | | | | | |
| | 1 | Sękowska | Katarzyna | 1982-03-27 | Lider Grodzisk. Maz. | POL | 8,47 | 8,47 | 446 | |

| | | | | | | | | | | |
|-------|---------|---------------|------------|------------|-----------------------|-----|-------|-------|------|------|
| | 2 | Świtaj | Aneta | 1983-02-25 | Częstochowa | POL | 7,28 | 7,28 | 373 | |
| | 3 | Arseniuk | Anna | 1981-07-05 | Górsk | POL | 5,59 | 5,59 | 269 | |
| [K40] | 4,00 kg | | | | | | | | | |
| | 1 | Gadzińska | Barbara | 1976-12-20 | LKS Polkowice | POL | 8,7 | 9,3 | 497 | |
| | 2 | Kalista-Lebek | Beata | 1980-08-09 | UKS OTRĘBUSY | POL | 8,65 | 9,25 | 494 | |
| | 3 | Rathnau | Agnieszka | 1979-01-23 | LKS Puck | POL | 8,6 | 9,19 | 491 | |
| | 4 | Domagała | Joanna | 1978-03-19 | UKS MTE Milanówek | POL | 7,86 | 8,4 | 442 | |
| | 5 | Brulińska | Monika | 1976-08-02 | www.kobietarakieta | POL | 6,48 | 6,93 | 352 | |
| | 6 | Dziedzińska | Dominika | 1979-04-20 | UKS OTRĘBUSY | POL | 6,25 | 6,68 | 336 | |
| | - | Hoppe | Karolina | 1980-08-16 | OSiR Tuchola | POL | DNS | DNS | 0 | |
| | - | Szczepanska | Magdalena | 1980-01-25 | Gdansk | POL | DNS | DNS | 0 | |
| [K45] | 4,00 kg | | | | | | | | | |
| | 1 | Ignaczak | Marzena | 1973-12-21 | Zduńska Wola | POL | 10,97 | 13,45 | 754 | |
| | - | Bońda | Monika | 1972-10-02 | OKEj Brwinów | POL | DNS | DNS | 0 | |
| | - | Rafalska | Magdalena | 1973-12-04 | Olsztyn | POL | DNS | DNS | 0 | |
| | - | Sabok | Karolina | 1971-05-12 | Olesno | POL | DNS | DNS | 0 | |
| [K50] | 3,00 kg | | | | | | | | | |
| | 1 | Sorochuk | Svitlana | 1967-05-29 | Dnipro | BLR | 13,66 | 16,63 | 952 | |
| | 2 | Szczepanik | Dorota | 1969-10-23 | Kraków | POL | 13,32 | 16,22 | 926 | |
| | 3 | Ptak | Ryszarda | 1967-01-13 | Wejherowo | POL | 10,18 | 12,4 | 689 | |
| | 4 | Bratkowska | Anna | 1969-04-17 | OKEj Brwinów | POL | 9,96 | 12,13 | 672 | |
| | 5 | Żerko | Renata | 1966-08-29 | Grupa Bratnis Gruczyn | POL | 8,22 | 10,01 | 541 | |
| | 6 | Tomasik | Aleksandra | 1970-11-04 | OKEj Brwinów | POL | 7,51 | 9,14 | 488 | |
| [K55] | 3,00 kg | | | | | | | | | |
| | 1 | Sambor | Elżbieta | 1965-01-13 | Elbląg | POL | 8,09 | 11,3 | 621 | |
| | 2 | Shevchenko | Olena | 1966-03-02 | Dnipro | BLR | 10,12 | 14,13 | 796 | |
| | - | Kucharska | Zofia | 1962-06-23 | Łowicz | POL | DNS | DNS | 0 | |
| | - | Patla | Genowefa | 1962-10-17 | Warszawa | POL | DNS | DNS | 0 | |
| | - | Witkowska | Iwona | 1964-07-27 | Pruszcz Gdański | POL | DNS | DNS | 0 | |
| [K60] | 3,00 kg | | | | | | | | | |
| | 1 | Piwowarska | Teresa | 1956-06-05 | Wałcz | POL | 8,53 | 13,66 | 767 | |
| | 2 | Maryszczak | Bogumiła | 1957-03-18 | Kołobrzeg | POL | 7,3 | 11,69 | 645 | |
| | 3 | Mikołajczyk | Henryka | 1959-01-17 | Lipniki | POL | 7,26 | 11,63 | 641 | |
| [K65] | 3,00 kg | | | | | | | | | |
| | 1 | Stępniewska | Czesława | 1954-07-20 | Skarżysko-Kamienna | POL | 8,53 | 15,67 | 892 | |
| | 2 | Kapturska | Danuta | 1952-10-10 | Unia Swarzędz | POL | 6,86 | 12,6 | 701 | |
| | 3 | Malgrem | Maria | 1951-07-22 | W-MKLA Masters Ol | POL | 5,06 | 9,29 | 497 | |
| [K70] | 3,00 kg | | | | | | | | | |
| | 1 | Chewińska | Ludwika | 1948-10-09 | Warszawa | POL | 8,88 | 18,71 | 1081 | |
| [K75] | 2,00 kg | | | | | | | | | |
| | 1 | Romanowska | Helena | 1941-03-21 | W-MKLA Masters Ol | POL | 7,52 | 18,17 | 1048 | RHMP |
| [K80] | 2,00 kg | | | | | | | | | |
| | 1 | Sambor | Teresa | 1937-10-12 | Elbląg | POL | 5,13 | 14,22 | 802 | |
| [K85] | 2,00 kg | | | | | | | | | |
| | 1 | Zglenicka | Urszula | 1932-05-14 | Bydgoszcz | POL | 4,4 | 14,52 | 820 | |
| [pk] | | | | | | | | | | |
| | 1 | Gładikowska | Melisa | 2006-01-28 | AML Słupsk | POL | 12,28 | 12,28 | 681 | |
| [M35] | 7,26 kg | | | | | | | | | |
| | 1 | Kownatke | Rafał | 1985-03-24 | LKS ZIEMI PUCKIEJ | POL | 17,74 | 17,74 | 984 | RHMP |
| | 2 | Skibicki | Zdzisław | 1982-08-01 | Piła | POL | 13,59 | 13,59 | 735 | |
| | 3 | Suchanowski | Maciej | 1983-02-17 | PKWLA | POL | 13,54 | 13,54 | 732 | |
| | 4 | Skrzypczyk | Jacek | 1986-02-12 | TS AKS Chorzów | POL | 12,04 | 12,04 | 643 | |
| | 5 | Gawęcki | Maciej | 1985-08-08 | Bo nie wypada Wroc | POL | 8,23 | 8,23 | 417 | |
| | - | Grot | Artur | 1983-10-04 | Stara Gadka | POL | DNS | DNS | 0 | |

| | | | | | | | | | |
|-------|---------|--------------|------------|------------|----------------------|-----|-------|-------|------|
| | - | Jarek | Piotr | 1982-03-11 | Mińsk Mazowiecki | POL | DNS | DNS | 0 |
| [M40] | 7,26 kg | | | | | | | | |
| | 1 | Grzenkowicz | Grzegorz | 1981-03-03 | Żelistrzewo | POL | 14,82 | 15,71 | 862 |
| | 2 | Jacków | Krzysztof | 1980-06-08 | Środa Wlkp. | POL | 13,72 | 14,54 | 792 |
| | 3 | Wiśniewski | Maciej | 1978-04-13 | Toruń | POL | 12,94 | 13,72 | 743 |
| | 4 | Walczak | Marek | 1980-03-17 | niestowarzyszony | POL | 12,87 | 13,64 | 738 |
| | 5 | Suliński | Andrzej | 1977-11-30 | Zduńska Wola | POL | 12,43 | 13,18 | 711 |
| | 6 | Piontek | Adrian | 1977-07-02 | Chorzów | POL | 9,5 | 10,07 | 526 |
| | 7 | Kinal | Grzegorz | 1981-01-06 | Wrocław | POL | 8,71 | 9,23 | 476 |
| [M45] | 7,26 kg | | | | | | | | |
| | 1 | Nadachowski | Marek | 1972-12-09 | Zacharzew | POL | 11,4 | 13,46 | 728 |
| | 2 | Mańkiewicz | Krzysztof | 1973-09-07 | Tczew | POL | 11,01 | 13 | 700 |
| | 3 | Mańka | Robert | 1971-06-17 | Wrocław | POL | 10,7 | 12,64 | 679 |
| | 4 | Grzegorek | Tomasz | 1971-03-25 | Warka | POL | 9,99 | 11,8 | 629 |
| | 5 | Oziemkiewicz | Marek | 1976-02-08 | Elbląg | POL | 8,76 | 10,35 | 542 |
| | - | Borowski | Sławomir | 1975-10-18 | PKWLA Sopot | POL | DNS | DNS | 0 |
| | - | Krawulski | Adam | 1974-07-28 | Olesno | POL | DNS | DNS | 0 |
| [M50] | 6,00 kg | | | | | | | | |
| | 1 | Witek | Mirosław | 1967-04-24 | Słupsk | POL | 15,19 | 18,17 | 1010 |
| | 2 | Walczak | Mariusz | 1971-02-27 | Warszawa | POL | 12,78 | 15,29 | 837 |
| | 3 | Bońda | Konrad | 1969-12-12 | OKEJ Brwinów | POL | 12,4 | 14,83 | 810 |
| | 4 | Trusiewicz | Adam | 1968-09-02 | Białystok | POL | 12,07 | 14,44 | 786 |
| | 5 | Kulikowicz | Tadeusz | 1966-09-21 | PKWLA Sopot | POL | 11,91 | 14,25 | 775 |
| | 6 | Gronkiewicz | Marek | 1967-07-20 | Lider Grodzisk. Maz. | POL | 8,96 | 10,72 | 564 |
| | 7 | Olszewski | Marek | 1969-03-22 | Lidzbark Warmiński | POL | 8,88 | 10,62 | 558 |
| | 8 | Jurek | Paweł | 1966-06-05 | Warszawa | POL | 7,29 | 8,72 | 446 |
| | - | Pawelski | Grzegorz | 1968-02-14 | Gorzów Wlkp. | POL | DNS | DNS | 0 |
| [M55] | 6,00 kg | | | | | | | | |
| | 1 | Szpak | Mieczysław | 1961-07-10 | Kołobrzeg | POL | 13,08 | 17,44 | 966 |
| | 2 | Chilmanowicz | Janusz | 1964-05-17 | Działdowo | POL | 12,14 | 16,18 | 890 |
| | 3 | Krakowiak | Dariusz | 1963-01-31 | Sępólno Krajeńskie | POL | 11,8 | 15,73 | 863 |
| | 4 | Piotrowski | Robert | 1966-02-25 | Kołobrzeg | POL | 11,03 | 14,7 | 802 |
| | 5 | Trzciński | Franciszek | 1962-04-20 | Bolesławiec | POL | 10,33 | 13,77 | 746 |
| | - | Szczerba | Mirosław | 1963-11-17 | PKWLA | POL | DNS | DNS | 0 |
| [M60] | 5,00 kg | | | | | | | | |
| | 1 | Zglenicki | Ryszard | 1956-11-24 | Bydgoszcz | POL | 13,3 | 18,03 | 1001 |
| | 2 | Maliszewski | Andrzej | 1957-05-22 | Pszczyna | POL | 12,74 | 17,27 | 956 |
| | 3 | Duber | Jerzy | 1957-05-08 | Zielona Góra | POL | 11,53 | 15,63 | 857 |
| | 4 | Wojtaszczyk | Stanisław | 1960-01-11 | Pabianice | POL | 10,82 | 14,67 | 800 |
| | 5 | Jenek | Andrzej | 1959-12-01 | Chorzów | POL | 9,91 | 13,44 | 726 |
| | 6 | Skoczeń | Karol | 1959-03-23 | Chorzów | POL | 8,02 | 10,87 | 573 |
| [M65] | 5,00 kg | | | | | | | | |
| | 1 | Strelczuk | Wojciech | 1955-08-16 | Chojna | POL | 12,55 | 18,96 | 1057 |
| | 2 | Drażkowski | Mariusz | 1956-01-10 | Zakrzewo | POL | 11,91 | 17,99 | 999 |
| | 3 | Kubacki | Mieczysław | 1953-03-04 | Nowe Miasto Lubaw | POL | 11,7 | 17,67 | 980 |
| | 4 | Mielcarek | Błażej | 1955-02-14 | Ściborze | POL | 10,65 | 16,09 | 885 |
| | 5 | Chwieduk | Czesław | 1951-08-12 | MKLA Łęczycza | POL | 10,62 | 16,04 | 882 |
| | 6 | Lotz | Tadeusz | 1952-09-24 | Łława | POL | 10,43 | 15,76 | 865 |
| | 7 | Czacharowski | Marek | 1951-09-21 | NIEZRZESZONY | POL | 7,1 | 10,73 | 565 |
| [M70] | 4,00 kg | | | | | | | | |
| | 1 | Klimczak | Andrzej | 1950-07-31 | Wilkanowo | POL | 13,28 | 19,99 | 1119 |
| | 2 | Krankowski | Wacław | 1951-01-19 | Toruń | POL | 12,8 | 19,27 | 1076 |
| | 3 | Madej | Stefan | 1949-01-02 | Sosnowiec | POL | 11,89 | 17,9 | 994 |
| | 4 | Pełka | Julian | 1951-01-07 | Toruń | POL | 11,05 | 16,63 | 917 |

| | | | | | | | | | |
|-------|-------------|-----------|------------|---------------------|-----|-------|-------|------|-----|
| 5 | Kmiecik | Stanislaw | 1949-01-31 | AZS Poanań | POL | 11,01 | 16,57 | 914 | |
| 6 | Nadachowski | Jan | 1949-07-16 | Ostrów Wlkp. | POL | 10,47 | 15,76 | 865 | |
| 7 | Herzog | Adam | 1948-04-26 | Zielona Góra | POL | 10,42 | 15,69 | 861 | |
| 8 | Nowak | Ireneusz | 1947-04-17 | Zielona Góra | POL | 10,09 | 15,19 | 831 | |
| 9 | Jabłoński | Sławomir | 1947-08-16 | W-MKLA Masters Ol | POL | 9,16 | 13,79 | 747 | |
| 10 | Kapturski | Andrzej | 1949-03-22 | Unia Swarzędz | POL | 8,25 | 12,42 | 666 | |
| [M75] | 4,00 kg | | | | | | | | |
| 1 | Kopik | Leszek | 1945-09-19 | PKWLA Sopot | POL | 11,29 | 18,94 | 1056 | |
| 2 | Roszczak | Czesław | 1941-06-18 | UKS Olimpijczyk Pog | POL | 10,91 | 18,3 | 1018 | |
| 3 | Jabłoński | Jerzy | 1945-04-23 | W-MKLA Masters Ol | POL | 10,15 | 17,03 | 941 | |
| 4 | Nowacki | Czesław | 1943-01-26 | Toruń | POL | 8,94 | 15 | 820 | |
| - | Tobias | Hubert | 1943-01-17 | SKWLA | POL | DNS | DNS | 0 | |
| [M80] | 3,00 kg | | | | | | | | |
| 1 | Korolko | Edward | 1940-10-13 | Toruń | POL | 9,77 | 18,26 | 1015 | |
| 2 | Mirkowski | Grzegorz | 1939-01-27 | Skarżysko-Kamienna | POL | 9,26 | 17,31 | 958 | |
| 3 | Frąckowiak | Jan | 1939-06-21 | Bydgoszcz | POL | 9,22 | 17,23 | 953 | |
| 4 | Werling | Zbigniew | 1938-07-23 | PKWLA Sopot | POL | 7,73 | 14,45 | 787 | |
| - | Koniuszy | Kazimierz | 1941-01-04 | Rzeszów | POL | DNS | DNS | 0 | |
| [M95] | 3,00 kg | | | | | | | | |
| 1 | Mielcarek | Władysław | 1925-10-10 | Bydgoszcz | POL | 4,6 | 19,07 | 1064 | HRP |
| [pk] | | | | | | | | | |
| 1 | Wawierowicz | Ignacy | 2006-03-24 | AMLSłupsk | POL | 0 | 0 | 0 | |

Cieżarek (hala)

| | | | | | | | | | |
|-------|-----------|---------|------------|-------------------|-----|-------|-------|------|-----|
| [M50] | 11,34 kg | | | | | | | | |
| 1 | Walczak | Mariusz | 1971-02-27 | Warszawa | POL | 23,75 | | | HRŚ |
| [M75] | 7,26 kg | | | | | | | | |
| 1 | Jabłoński | Jerzy | 1945-04-23 | W-MKLA Masters Ol | POL | 16,78 | 21,92 | 1130 | HRP |

ciężarek (poza halą)

| | | | | | | | | | |
|-------|----------------|------------|------------|---------------------|-----|-------|-------|---|----|
| [K40] | 9,08 kg | | | | | | | | |
| - | Gadzińska | Barbara | 1976-12-20 | LKS Polkowice | POL | DNS | DNS | 0 | |
| [K45] | 9,08 kg | | | | | | | | |
| 1 | Ignaczak | Marzena | 1973-12-21 | Zduńska Wola | POL | 11,95 | 18,06 | 0 | |
| - | Rafalska | Magdalena | 1973-12-04 | Olsztyn | POL | DNS | DNS | 0 | |
| [K50] | 7,26 kg | | | | | | | | |
| 1 | Szczepanik | Dorota | 1969-10-23 | Kraków | POL | 12,99 | 16,89 | 0 | RP |
| 2 | Żerko | Renata | 1966-08-29 | Grupa Bratnis Grucz | POL | 8,78 | 11,41 | 0 | |
| 3 | Tomasik | Aleksandra | 1970-11-04 | OKEj Brwinów | POL | 6,19 | 8,05 | 0 | |
| 4 | Sorochuk | Svitlana | 1967-05-29 | Dnipro | BLR | 11,99 | 15,59 | 0 | |
| [K55] | 7,26 kg | | | | | | | | |
| 1 | Przybysz-Małek | Beata | 1965-02-21 | Warszawa | POL | 10,46 | 14,65 | 0 | |
| 2 | Shevchenko | Olena | 1966-03-02 | Dnipro | BLR | 8,45 | 11,83 | 0 | |
| - | Kucharska | Zofia | 1962-06-23 | Łowicz | POL | DNS | DNS | 0 | |
| - | Patla | Genowefa | 1962-10-17 | Warszawa | POL | DNS | DNS | 0 | |
| [K60] | 5,45 kg | | | | | | | | |
| 1 | Piwowarska | Teresa | 1956-06-05 | Wałcz | POL | 7,52 | 9,16 | 0 | |
| 2 | Maryszczak | Bogumiła | 1957-03-18 | Kołobrzeg | POL | 7,47 | 9,1 | 0 | |
| 3 | Mikołajczyk | Henryka | 1959-01-17 | Lipniki | POL | 7,35 | 8,96 | 0 | |
| [K65] | 5,45 kg | | | | | | | | |
| 1 | Stępniewska | Czesława | 1954-07-20 | Skarżysko-Kamienna | POL | 9,79 | 12,85 | 0 | |
| 2 | Ślęzak | Halina | 1955-03-17 | Bliżyn | POL | 8,99 | 11,8 | 0 | |
| 3 | Kapturska | Danuta | 1952-10-10 | Unia Swarzędz | POL | 8,68 | 11,39 | 0 | |

| | | | | | | | | | |
|-------|----------|--------------|------------|------------|---------------------|-----|-------|-------|------|
| | 4 | Malgrem | Maria | 1951-07-22 | W-MKLA Masters Ol | POL | 6,04 | 7,93 | 0 |
| [K70] | 5,45 kg | | | | | | | | |
| | 1 | Chewińska | Ludwika | 1948-10-09 | Warszawa | POL | 9,84 | 13,91 | 0 |
| [K75] | 4,00 kg | | | | | | | | |
| | 1 | Romanowska | Helena | 1941-03-21 | W-MKLA Masters Ol | POL | 7,7 | 11,72 | 0 |
| [K80] | 4,00 kg | | | | | | | | |
| | 1 | Sambor | Teresa | 1937-10-12 | Elbląg | POL | 5,56 | 9,11 | 0 |
| [M35] | 15,88 kg | | | | | | | | |
| | 1 | Skibicki | Zdzisław | 1982-08-01 | Piła | POL | 15,11 | 15,7 | 868 |
| | 2 | Suchanowski | Maciej | 1983-02-17 | PKWLA | POL | 13,15 | 13,66 | 745 |
| | 3 | Hałas | Marcin | 1984-07-06 | Czechowice-Dziedzic | POL | 4,82 | 5,01 | 226 |
| [M40] | 15,88 kg | | | | | | | | |
| | 1 | Kozłowski | Damian | 1978-08-26 | Poznań | POL | 14 | 15,72 | 851 |
| | 2 | Suliński | Andrzej | 1977-11-30 | Zduńska Wola | POL | 13,42 | 15,07 | 812 |
| | 3 | Wiśniewski | Maciej | 1978-04-13 | Toruń | POL | 11,16 | 12,53 | 662 |
| | 4 | Piontek | Adrian | 1977-07-02 | Chorzów | POL | 7,61 | 8,54 | 428 |
| | 5 | Niejadlik | Tomasz | 1980-03-28 | Zespół Prasowy PZL/ | POL | 6,94 | 7,79 | 383 |
| [M45] | 15,88 kg | | | | | | | | |
| | 1 | Jankowski | Tomasz | 1974-05-06 | AZS Poznań | POL | 13,03 | 15,81 | 885 |
| | 2 | Nadachowski | Marek | 1972-12-09 | Zacharzew | POL | 12,72 | 15,43 | 862 |
| | 3 | Grzegorek | Tomasz | 1971-03-25 | Warka | POL | 11,81 | 14,33 | 795 |
| | 4 | Borowski | Sławomir | 1975-10-18 | PKWLA Sopot | POL | 10,75 | 13,04 | 716 |
| | 5 | Oziemkiewicz | Marek | 1976-02-08 | Elbląg | POL | 9,71 | 11,78 | 640 |
| | - | Wisłowski | Robertt | 1974-01-08 | Wrocław | POL | DNS | DNS | 0 |
| [M50] | 11,34 kg | | | | | | | | |
| | 1 | Walczak | Mariusz | 1971-02-27 | Warszawa | POL | 21,95 | 24,32 | 1124 |
| | 2 | Bońda | Konrad | 1969-12-12 | OKej Brwinów | POL | 12,22 | 13,54 | 598 |
| | 3 | Trusiewicz | Adam | 1968-09-02 | Białystok | POL | 13,86 | 15,36 | 686 |
| | - | Pawelski | Grzegorz | 1968-02-14 | Gorzów Wlkp. | POL | DNS | DNS | 0 |
| [M55] | 11,34 kg | | | | | | | | |
| | 1 | Trzciniński | Franciszek | 1962-04-20 | Bolesławiec | POL | 14,33 | 17,16 | 767 |
| | 2 | Szczerba | Mirosław | 1963-11-17 | PKWLA | POL | 13,05 | 15,63 | 694 |
| | 3 | Piotrowski | Robert | 1966-02-25 | Kołobrzeg | POL | 11,8 | 14,13 | 622 |
| [M60] | 9,08 kg | | | | | | | | |
| | 1 | Zwolski | Edward | 1956-04-19 | Nowe Miasteczko | POL | 15,86 | 18,36 | 859 |
| | 2 | Duber | Jerzy | 1957-05-08 | Zielona Góra | POL | 13,77 | 15,94 | 738 |
| | 3 | Levi | Charles | 1957-01-30 | Warszawa | POL | 12,57 | 14,55 | 669 |
| | 4 | Obuchowski | Jan | 1957-03-08 | Nowe Miasto Lubaw | POL | 11,96 | 13,84 | 634 |
| | 5 | Wojtaszczyk | Stanisław | 1960-01-11 | Pabianice | POL | 10,03 | 11,61 | 522 |
| | - | Lipowski | Witold | 1956-10-08 | Kędzierzyn-Koźle | POL | DNS | DNS | 0 |
| | - | Skoczeń | Karol | 1959-03-23 | Chorzów | POL | DNS | DNS | 0 |
| [M65] | 9,08 kg | | | | | | | | |
| | 1 | Kubacki | Mieczysław | 1953-03-04 | Nowe Miasto Lubaw | POL | 14,38 | 17,99 | 905 |
| | 2 | Drązkowski | Mariusz | 1956-01-10 | Zakrzewo | POL | 13,55 | 16,95 | 850 |
| | 3 | Lotz | Tadeusz | 1952-09-24 | Łława | POL | 12,77 | 15,97 | 797 |
| | 4 | Kamionka | Marek | 1955-08-30 | Ossów | POL | 12,34 | 15,43 | 768 |
| | 5 | Jurkowski | Jerzy | 1953-10-29 | PKWLA Sopot | POL | 10,94 | 13,68 | 674 |
| | - | Czacharowski | Marek | 1951-09-21 | NIEZRZESZONY | POL | DNS | DNS | 0 |
| | - | Muszyński | Andrzej | 1951-04-09 | Ostrów Wlkp. | POL | DNS | DNS | 0 |
| [M70] | 7,26 kg | | | | | | | | |
| | 1 | Krankowski | Wacław | 1951-01-19 | Toruń | POL | 17,6 | 21,27 | 1090 |
| | 2 | Kmieciak | Stanisław | 1949-01-31 | AZS Poanań | POL | 15,85 | 19,16 | 974 |
| | 3 | Klimczak | Andrzej | 1950-07-31 | Wilkanowo | POL | 15,85 | 19,16 | 974 |
| | 4 | Jabłoński | Sławomir | 1947-08-16 | W-MKLA Masters Ol | POL | 13,58 | 16,42 | 825 |

| | | | | | | | | |
|-------|-------------|-----------|------------|---------------------|-----|-------|-------|------|
| 5 | Madaj | Stefan | 1949-01-02 | Sosnowiec | POL | 13,27 | 16,04 | 805 |
| 6 | Nowak | Ireneusz | 1947-04-17 | Zielona Góra | POL | 13,13 | 15,87 | 796 |
| 7 | Nadachowski | Jan | 1949-07-16 | Ostrów Wlkp. | POL | 13,11 | 15,85 | 795 |
| - | Michalski | Zygmunt | 1950-02-01 | Poznań | POL | DNS | DNS | 0 |
| - | Piączkowski | Andrzej | 1950-04-02 | Warszawa | POL | DNS | DNS | 0 |
| [M75] | 7,26 kg | | | | | | | |
| 1 | Jabłoński | Jerzy | 1945-04-23 | W-MKLA Masters Ol | POL | 16,78 | 21,92 | 1130 |
| 2 | Krzysiński | Ryszard | 1943-03-31 | Białobrzegi | POL | 13,79 | 18,01 | 916 |
| 3 | Roszczak | Czesław | 1941-06-18 | UKS Olimpijczyk Pog | POL | 12,9 | 16,85 | 853 |
| 4 | Włodarczyk | Zdzisław | 1941-04-16 | Suchedniów | POL | 11,1 | 14,5 | 726 |
| [M80] | 5,45 kg | | | | | | | |
| 1 | Mirkowski | Grzegorz | 1939-01-27 | Skarżysko-Kamienna | POL | 10,51 | 12,85 | 835 |
| - | Koniuszy | Kazimierz | 1941-01-04 | Rzeszów | POL | DNS | DNS | 0 |

4. Halowe Mistrzostwa Polski Lekarzy

| | Miejs | Nazwisko | Imię | Data urodzeni | Klub/Miejscowość | Kraj | Wynik | Wynik se | Punkty |
|-----------------|-------|-------------------|------------|---------------|----------------------|------|----------|----------|--------|
| 60m ppł. | | | | | | | | | |
| M | | | | | | | | | |
| 1 | | Stecula | Leszek | 1961-03-11 | Bytom | POL | 11,28 | 9,27 | 744 |
| 60m | | | | | | | | | |
| K | | | | | | | | | |
| 1 | | Piechuta | Aleksandra | 1989-09-28 | KS Sprinterzy.com Ki | POL | 8,58 | 8,58 | 810 |
| 2 | | Jędrzejczyk-Góral | Beata | 1964-06-17 | Wrocław | POL | 12,14 | 10,24 | 464 |
| M | | | | | | | | | |
| 1 | | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 8,12 | 7,26 | 835 |
| 2 | | Wojciechowski | Przemysław | 1972-08-27 | Przeclaw | POL | 8,19 | 7,57 | 703 |
| 3 | | Chyła | Mateusz | 1987-07-08 | Gdańsk | POL | 7,73 | 7,73 | 639 |
| 4 | | Madaj | Stefan | 1949-01-02 | Sosnowiec | POL | 10,05 | 7,73 | 639 |
| 5 | | Jaszczur | Michal | 1981-09-26 | Płońsk | POL | 8,27 | 8,16 | 482 |
| 3000m | | | | | | | | | |
| K | | | | | | | | | |
| 1 | | Stępień-Wyrobiec | Olga | 1974-02-17 | JKLA Jawor | POL | 12:07.45 | 11:00.67 | 767 |
| 2 | | Stolorz | Katarzyna | 1985-04-28 | TL ROW Rybnik | POL | 11:17.74 | 11:08.39 | 745 |
| 3 | | Pasierbska | Ewa | 1995-04-02 | Gdańsk | POL | 13:16.65 | 13:16.65 | 429 |
| M | | | | | | | | | |
| 1 | | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 10:05.18 | 09:59.85 | 482 |
| 2 | | Wyrobiec | Grzegorz | 1972-06-10 | JKLA Jawor | POL | 10:49.78 | 09:59.88 | 482 |
| 3 | | Kurpiewski | Janusz | 1955-10-19 | Kutno | POL | 13:43.12 | 10:37.84 | 341 |
| 200m | | | | | | | | | |
| K | | | | | | | | | |
| 1 | | Piechuta | Aleksandra | 1989-09-28 | KS Sprinterzy.com Ki | POL | 27,89 | 27,89 | 807 |
| 2 | | Stolorz | Katarzyna | 1985-04-28 | TL ROW Rybnik | POL | 31,53 | 30,85 | 628 |
| M | | | | | | | | | |
| 1 | | Wojciechowski | Przemysław | 1972-08-27 | Przeclaw | POL | 26,36 | 24,14 | 675 |
| 2 | | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 27,58 | 24,38 | 647 |
| 3 | | Zboiński | Wojciech | 1967-11-10 | Koszalin | POL | 27,97 | 24,73 | 609 |
| 4 | | Jaszczur | Michal | 1981-09-26 | Płońsk | POL | 27,24 | 26,77 | 408 |
| 400m | | | | | | | | | |
| K | | | | | | | | | |
| - | | Gąsowska | Małgorzata | 1978-03-18 | Legnica | POL | DNS | DNS | 0 |
| M | | | | | | | | | |
| 1 | | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 55,21 | 53,52 | 699 |

| | | | | | | | | | |
|-----------------------|---|------------------|----------|------------|---------------------|-----|----------|----------|-----|
| | 2 | Zboiński | Wojciech | 1967-11-10 | Koszalin | POL | 01:02.63 | 54,81 | 638 |
| | 3 | Jaszczur | Michał | 1981-09-26 | Płońsk | POL | 01:02.27 | 01:00.36 | 404 |
| | - | Fraś | Andrzej | 1962-07-05 | Środa Wlkp. | POL | DNS | DNS | 0 |
| 800m | | | | | | | | | |
| | K | | | | | | | | |
| | 1 | Stępień-Wyrobiec | Olga | 1974-02-17 | JKLA Jawor | POL | 02:48.75 | 02:30.29 | 678 |
| | M | | | | | | | | |
| | 1 | Gajda | Robert | 1963-11-30 | Pułtusk | POL | 02:20.67 | 01:57.67 | 826 |
| | 2 | Borowski | Miłosz | 1994-01-22 | Poświętne | POL | 02:10.58 | 02:06.90 | 612 |
| | 3 | Wyrobiec | Grzegorz | 1972-06-10 | JKLA Jawor | POL | 02:32.71 | 02:18.29 | 392 |
| skok w dal | | | | | | | | | |
| | K | | | | | | | | |
| | - | Pełka-Witt | Jolanta | 1976-03-03 | Rozgarty | POL | DNS | DNS | 0 |
| | M | | | | | | | | |
| | 1 | Pełka | Julian | 1951-01-07 | Toruń | POL | 4,1 | 6,92 | 900 |
| | 2 | Albiniak | Leszek | 1971-03-01 | Radcze | POL | 4,86 | 6,26 | 764 |
| skok wzwyż | | | | | | | | | |
| | M | | | | | | | | |
| | 1 | Pełka | Julian | 1951-01-07 | Toruń | POL | 1,27 | 1,97 | 837 |
| | 2 | Pólkowski | Marcin | 1979-01-21 | Bełchatów | POL | 1,72 | 1,94 | 808 |
| | 4 | Stecuća | Leszek | 1961-03-11 | Bytom | POL | 1,32 | 1,84 | 713 |
| skok o tyczce | | | | | | | | | |
| | M | | | | | | | | |
| | 1 | Pietrak | Grzegorz | 1969-09-21 | KS AZS-AWF Warszawa | POL | 2,5 | 3,31 | 487 |
| | - | Stecuća | Leszek | 1961-03-11 | Bytom | POL | NM | NM | 0 |
| pchnięcie kulą | | | | | | | | | |
| | M | | | | | | | | |
| | 3 | Madej | Stefan | 1949-01-02 | Sosnowiec | POL | 11,89 | 17,9 | 994 |
| | 4 | Pełka | Julian | 1951-01-07 | Toruń | POL | 11,05 | 16,63 | 917 |
| | 3 | Bońda | Konrad | 1969-12-12 | OKEJ Brwinów | POL | 12,4 | 14,83 | 810 |
| ciężarek | | | | | | | | | |
| | M | | | | | | | | |
| | 1 | Madej | Stefan | 1949-01-02 | Sosnowiec | POL | 13,27 | 16,04 | 805 |
| | 2 | Bońda | Konrad | 1969-12-12 | OKEJ Brwinów | POL | 12,22 | 13,54 | 598 |

2. Halowe Mistrzostwa Polski Dziennikarzy

| | Miejs | Nazwisko | Imię | Data urodzenia | Klub/Miejscowość | Kraj | Wynik | Wiek seniora | Punkty |
|-----------------|-------|--------------|------------|----------------|--------------------|------|-------|--------------|--------|
| 60m ppł. | | | | | | | | | |
| | M | | | | | | | | |
| | 1 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 11,49 | 11,19 | 366 |
| | 2 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 13,33 | 11,88 | 262 |
| 60m | | | | | | | | | |
| | K | | | | | | | | |
| | 1 | Adamczewska | Magdalena | 1982-10-24 | biegidkadzieci.pl | POL | 10,28 | 10,1 | 489 |
| | 2 | Truszczyńska | Julia | 1998-05-26 | Zespół Prasowy PZL | POL | 10,81 | 10,81 | 367 |
| | M | | | | | | | | |
| | 1 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 7,58 | 7,58 | 698 |
| | 2 | Myrta | Szymon | 1988-05-15 | Sprinterzy.com | POL | 7,59 | 7,59 | 694 |
| | 3 | Okoń | Aleksander | 1993-06-22 | Głos Świdnika | POL | 7,65 | 7,65 | 670 |
| | 4 | Koczkodaj | Wojciech | 1998-08-29 | Sprinterzy.com | POL | 7,83 | 7,83 | 600 |
| | 5 | Broc | Jerzy | 1942-12-27 | Suwałki | POL | 12,29 | 8,98 | 243 |
| 3000m | | | | | | | | | |

M

| | | | | | | | | |
|---|-------------|------------|------------|----------------------|-----|----------|----------|-----|
| 1 | Goleniewski | Mateusz | 1992-03-22 | Run The Event | POL | 09:05.47 | 09:05.47 | 725 |
| 2 | Jagusiak | Maciej | 1981-12-15 | Łódź | POL | 09:23.50 | 09:18.54 | 662 |
| 3 | Bętkowski | Piotr | 1987-04-25 | MaratonyPolskie.pl | POL | 09:34.11 | 09:34.11 | 591 |
| 4 | Brzozowski | Szymon | 1981-11-17 | www.biegowe.pl | POL | 09:46.12 | 09:40.96 | 560 |
| 5 | Grudziński | Maciej | 1986-01-29 | Wlc.pl Lepsza Strona | POL | 10:20.19 | 10:14.73 | 424 |
| 6 | Kaczan | Norbert | 1975-10-26 | Wyborcza Olsztyn | POL | 11:26.14 | 10:33.44 | 356 |
| 7 | Sobecki | Bartłomiej | 1980-05-25 | biegampolodzi.pl | POL | 11:16.36 | 10:47.55 | 309 |
| 8 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 14:44.50 | 11:25.40 | 199 |
| 9 | Górecki | Filip | 1986-03-25 | Radio Zachód | POL | 12:49.81 | 12:49.81 | 41 |
| - | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | DNS | DNS | 0 |

3000m chód

K

| | | | | | | | | |
|---|------------------|--------|------------|----------------------|-----|----------|----------|-----|
| 1 | Pasińska-Skowron | Sylvia | 1977-10-13 | Pruszyński Sport Tea | POL | 20:52.47 | 19:33.56 | 575 |
|---|------------------|--------|------------|----------------------|-----|----------|----------|-----|

M

| | | | | | | | | |
|---|------------|-----------|------------|-----------------|-----|----------|----------|-----|
| 1 | Radomski | Marcin | 1976-09-16 | mosirplock.pl | POL | 17:36.00 | 16:32.22 | 578 |
| 2 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 19:52.50 | 18:01.36 | 451 |
| 3 | Buczowski | Krzysztof | 1976-01-03 | Płock | POL | 20:19.17 | 18:25.54 | 419 |

200m

K

| | | | | | | | | |
|---|-------------|-----------|------------|--------------------|-----|-------|-------|-----|
| 1 | Brulińska | Monika | 1976-08-02 | www.kobietarakieta | POL | 32,97 | 30,99 | 620 |
| 2 | Adamczewska | Magdalena | 1982-10-24 | biegidkadzieci.pl | POL | 36,09 | 35,31 | 400 |

M

| | | | | | | | | |
|---|------------|------------|------------|--------------------|-----|-------|-------|-----|
| 1 | Okoń | Aleksander | 1993-06-22 | Głos Świdnika | POL | 26,28 | 26,28 | 453 |
| 2 | Musiał | Kacper | 2001-07-10 | Sprinterzy.com | POL | 26,62 | 26,62 | 422 |
| 3 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 27,87 | 27,39 | 355 |
| 4 | Smoczyk | Grzegorz | 1988-02-08 | sportzpazurem.pl | POL | 28,52 | 28,52 | 268 |
| 5 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 38,9 | 30,71 | 134 |
| - | Broc | Jerzy | 1942-12-27 | Suwałki | POL | DNS | DNS | 0 |

400m

K

| | | | | | | | | |
|---|-----------|--------|------------|--------------------|-----|----------|----------|-----|
| 1 | Brulińska | Monika | 1976-08-02 | www.kobietarakieta | POL | 01:12.96 | 01:07.77 | 669 |
|---|-----------|--------|------------|--------------------|-----|----------|----------|-----|

M

| | | | | | | | | |
|---|-----------|----------|------------|------------------|-----|----------|----------|-----|
| 1 | Koczkodaj | Wojciech | 1998-08-29 | Sprinterzy.com | POL | 55,42 | 55,42 | 609 |
| 2 | Musiał | Kacper | 2001-07-10 | Sprinterzy.com | POL | 01:01.35 | 01:01.35 | 368 |
| 3 | Smoczyk | Grzegorz | 1988-02-08 | sportzpazurem.pl | POL | 01:04.61 | 01:04.61 | 260 |
| 4 | Pilch | Marek | 1954-09-04 | Głos Seniora | POL | 01:28.36 | 01:08.07 | 167 |
| 5 | Broc | Jerzy | 1942-12-27 | Suwałki | POL | 01:40.63 | 01:09.14 | 142 |

800m

M

| | | | | | | | | |
|---|----------------|----------|---------------|------------------|------|----------|---------------|--------|
| 1 | Nagórek | Marcin | 1980-10-05 | Słupsk | POL | 02:01.82 | 01:54.38 | 910 |
| 2 | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | 02:16.08 | 02:16.08 | 431 |
| 3 | Musiał | Kacper | 2001-07-10 | Sprinterzy.com | POL | 02:22.35 | 02:22.35 | 325 |
| 4 | Smoczyk | Grzegorz | 1988-02-08 | sportzpazurem.pl | POL | 02:30.63 | 02:30.63 | 209 |
| | Miejs Nazwisko | Imię | Data urodzeni | Klub/Miejscowość | Kraj | Wynik | Wynik seniorc | Punkty |

skok w dal

K

| | | | | | | | | |
|---|-------------|-----------|------------|-------------------|-----|------|------|-----|
| 3 | Adamczewska | Magdalena | 1982-10-24 | biegidkadzieci.pl | POL | 3,21 | 3,45 | 386 |
|---|-------------|-----------|------------|-------------------|-----|------|------|-----|

M

| | | | | | | | | |
|---|------------|------------|------------|-------------------|-----|------|------|-----|
| 1 | Wierzbicki | Bartłomiej | 1994-08-25 | Tarnów | POL | 6,31 | 6,31 | 774 |
| 2 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 6,28 | 6,28 | 768 |
| 3 | Romanowicz | Janusz | 1995-03-19 | Nasze Radio | POL | 5,62 | 5,62 | 633 |

skok wzwyż

K

| | | | | | | | | | |
|-----------------------|---|------------------|------------|------------|----------------------|-----|-------|-------|-----|
| M | 1 | Pasińska-Skowron | Sylwia | 1977-10-13 | Pruszyński Sport Tea | POL | 1,17 | 1,34 | 497 |
| | 1 | Rysio | Tomasz | 1988-02-11 | Hoeshots TV Włoda | POL | 1,78 | 1,78 | 656 |
| | - | Buczowski | Krzysztof | 1976-01-03 | Płock | POL | DNS | DNS | 0 |
| trójskok | | | | | | | | | |
| M | 1 | Wierzbicki | Bartłomiej | 1994-08-25 | Tarnów | POL | 12,8 | 12,8 | 707 |
| | 2 | Malinowski | Michał | 1983-09-17 | z Malina o sporcie | POL | 10,55 | 10,58 | 477 |
| | 3 | Witkowski | Bartosz | 1985-01-25 | www.ostroleka.pl | POL | 10,09 | 10,12 | 430 |
| | 4 | Nurkiewicz | Jarosław | 1971-08-20 | Kung fu Pandy 3 | POL | 7,68 | 8,9 | 306 |
| pchnięcie kul± | | | | | | | | | |
| K | 5 | Brulińska | Monika | 1976-08-02 | www.kobietarakieta | POL | 6,48 | 6,93 | 352 |
| ciężarek | | | | | | | | | |
| M | 1 | Niejadlik | Tomasz | 1980-03-28 | Zespół Prasowy PZL | POL | 6,94 | 7,79 | 383 |

Oznaczenia:

DNS - zawodnik nie stawiał się na starcie konkurencji

DNF - zawodnik nie ukończył konkurencji

DQ - zawodnik został zdyskwalifikowany

BW - zawodnik nie uzyskał wyniku

NM - zawodnik nie uzyskał wyniku

Obsada sędziowska:

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| SĘDZIA GŁÓWNY BIEGÓW | Anna Pokorniecka, Filip Olkiewicz |
| SĘDZIA GŁÓWNY CHODU | Janusz Krynicki |
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| STARTER | Grzegorz Stefanko |
| BRAMKA | Ryszarda Stefanko |
| KOORDYNATOR BEZPIECZEŃSTWA | Paweł Zieliński |